

**FREE** Take Me Home

Vol. 15, No. 12

From the Beaches to the River District downtown Fort Myers

MARCH 25, 2016

# ACT Gallery's April Opening Exhibit



You're The Patient I'm The Real Person by Callie Ayers

CT Gallery will have the opening reception for its April featured artists on Friday, April 1 from 6 to 10 p.m. Mental Maps paintings by Callie Ferraro Ayers and ceramics by Daniel Ayers will be showing in the main gallery. Featured in the white gallery will be the pop surrealism works of Tavo Quiros and off the main gallery will be Vicki Baker and Claudia. This exhibit continues through May 2.

Ayers graduated from Eckerd College in 2011 with a bachelors degree in visual art. Since then she has established herself as a professional fine art painter featured in a number of galleries across Florida. She has also curated several group art exhibitions and fundraisers in the Tampa Bay area. Her most recent accomplishment has been starting her own business called Callie's Buds LLC. This private contracting company offers art lessons to children and adults of all ages with special needs.

She shares her upcoming show with her husband, professional potter Daniel Ayers,

# Night For Life Returns April 11

by Jeff Lysiak

ight For Life IX, the annual fundraiser sponsored by the Organ Transplant Recipients of Southwest Florida, Inc., will return to the Broadway Palm Dinner Theater in Fort Myers on Monday, April 11 from 5 to 9 p.m.

The event, featuring entertainment by The Del Prados along with a performance by the cast of Funny Girl, raises money for the Fletcher Trust Fund, established in 2004 to assist transplant recipients and those who are waiting for transplants in Southwest Florida. An average of 22 people die each day in the United States due to a lack of available organs and tissue donors.

Tickets for Night For Life IX are \$35 each, or \$50 per person for VIP seating. Admission includes a buffet dinner, entertainment along with both silent and Chinese auctions. Attendees will be able to bid on original works of art, jewelry, golf packages, boat trips, vacations, dinners, services, unique gifts and more. Auctions begin at 5 p.m.; the buffet dinner will be served at 5:30 p.m. Table sponsorships are also available.

To purchase tickets, to inquire about sponsorships or for more information, call 560-3401 or 247-3073.

Learn more about the Organ Transplant Recipients of Southwest Florida, Inc., a local non-profit support group whose members represent all forms of organ transplants - such as heart, lungs, kidneys, liver, pancreas and corneas - by visiting www.organsupport.org or by sending an email to otrofswfl@gmail.com.

Broadway Palm Dinner Theater is located at 1380 Colonial Boulevard in Fort Myers.



Ben by Vicki Baker

a Florida-based artist who specializes in functional ceramics. He graduated from Eckerd College in 2011 with a bachelor of arts degree. He has completed a study abroad program focused upon the visual arts in London and Paris. He has exhibited his work in galleries across the state, includ-

Daydream by Tavo Quiros ing the Dali Museum in 2011, and has also demonstrated wheel throwing techniques at the 2012 National Council for Education in Ceramic Arts. The artists were married last

Quiros was born in Camarillo, California in 1985. Ten years of his childhood were



All proceeds from the April 15 concert go toward the \$10,000 that the A Cappella Group

needs to travel to New York City for the International Champions High School A Cappella

# Charity Concert To Benefit Local A Cappella Group

outhwest Florida is encouraged to cheer on local voices to win big during an upcoming charity concert hosted by Shell Point Retirement Community. Don't miss a single note of Cypress Lake High School's A Cappella Group performance on Friday, April 15 at 7:15 p.m. in The Village Church.

The a cappella music genre has hit a high note in recent years, thanks to the popularity

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Historic Downtown Fort Myers, Then And Now:

# **Hubinger-Chadwick House**



by Gerri Reaves, PhD

he 1925 Hubinger-Chadwick house has the distinction of being one of downtown's most storm-worthy structures. Perched on high ground across from the river, it is notable not only for an aura of stability and comfort, but for its construction specs - namely, walls one foot thick and reinforced with poured concrete.

Characteristics such as the barrel-tiled hip main roof stated its Mediterranean-Revivalist style, but other features made it one of the most outstanding homes along what was called "Millionaires Row" during the early 20th-century boom: the graceful front stairway with curved balustrades, expansive deck space atop the

one-story sections, and pecky-cypress woodwork, arched doorways and hardwood floors.

The 1925 postcard image dates from circa 1925, when the house, constructed by Walter B. Rogers, was owned by Joseph E. Hubinger.

Clarence Bennett Chadwick and his wife, Rosamond Lee Rouse Chadwick, bought it in 1925.

They were two of many wealthy visitors who discovered Fort Myers during the 1920s, built a winter home, and made a mark on the young city's development.

Clarence was born in Nebraska, but his enterprising spirit took him to various cities, including New York, Denver, San Francisco (where he married his wife in 1913) and then Chicago.

They came to Southwest Florida, specifically to Captiva Island, in 1923 from Chicago. Clarence had great success from inventing protective, or forgery-proof, paper for checks. He also founded a banking-supply business.

He bought several hundred acres on Captiva and created a tropical-fruit plantation, later specializing in limes. In fact, it became the largest lime plantation in the world,



The Hubinger-Chadwick house was built in 1925 at First and Woodford. This postcard image was probably taken that year, when Joseph E. Hubinger owned it.

courtesy Florida State Archives



Rosamond Chadwick, who was widowed in 1947, lived in the house until her death in 1963. In the late 1970s, it became a law office, which it was until recently.

photo by Gerri Reaves



The urns along this entrance are the only survivors of the many that once decorated the exterior, including the decks

producing the well-known Chad lime. Today that land is the South Seas Island Resort. In 1925, he sold his banking-supply business, which in only 11 years had developed into a nationwide concern with factories in four cities, and "retired" to Captiva.

Like many people of that era in Florida, he also bought and sold real estate, founding the Chadwick Company and the Federal Realty and Development Company, which had a main office in Fort Myers. At the height of the 1920s boom, he served as president of the Boosters Club, an organization dedicated to promoting the area's growth.

Before marriage, Rosamond had been a concert singer of national acclaim, a profession she continued until about 1920.

She was one of the founding members of the Fort Myers Woman's Club when it incorporated in 1927 and also served as one of its presidents.

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Children singing before the announcement was made at Child Care of Southwest Florida's Lockmiller Center on the Florida Southwest State College Campus. Child Care of Southwest Florida is a United Way Partner Agency.

# **United Way** Raises Record **Amount**

he United Way of Lee, Hendry, Glades and Okeechobee has concluded its 2015-16 campaign and exceeded the campaign goal of \$9,385,330.

David Fry, 2015-16 United Way Campaign chair, managing partner of Vantage Construction Services and owner of Dwell Florida, announced that local residents and companies contributed a record amount, \$9,420,338, to the campaign - a 4.2 percent increase over the amount raised last year.

"Not only has our United Way made goal, we have exceeded the campaign goal for the 23rd consecutive year by raising over \$9.4 million," Fry said at the goal announcement. "Our wonderful, generous community has done it again!

"To all of you who gave, I send my most sincere thanks. I am so proud to call Lee County home, where people really care about each other.

Because of your generosity, hungry families will receive food, veterans will find support when they return home, abused children and adults can find safety and shelter, older persons can remain in their own homes, and babies and toddlers can get a healthy start in life. You gave so others could have a better life.

Making our campaign goal means that the 85 United Way Partner Agencies and over 200 programs that United Way supports will receive their full allocation of funding. Exceeding goal, means that United Way Partner Agencies and programs will be able to better serve more people in need in our community.

'All money raised by our United Way stays here in our community, and our United Way keeps administrative and fundraising cost extremely low, returning over 90 percent of what is raised to the



United Way Campaign Chair David Fry making the announcement that \$9,420,338 was

local agencies and programs. Our United Way is a four-star charity, the highest rating available on Charity Navigator. Charity Navigator is the largest and most utilized charity evaluator in America.

'Again, a sincere thank you to all of the individuals, companies, communities, and partner agencies for your generous contributions. You proved again what an enormously caring community this is.'

The top local contributing companies and the top communities are as follows:

#### **Top United Way Company Contributors**

- 1. Publix Super Markets, \$1,726,249

- 2. Bonita Bay Group, \$450,176 3. Chico's FAS, \$432,000 4. LCEC, \$212,396 5. ENTERPRISE HOLDINGS,
- \$184,177
- 6. Lee County School District, \$180,000
- 7. Lee Memorial Health System. \$146,564
- 8. FineMark National Bank & Trust, \$122,644
- 9. Turbine Generator Maintenance, \$122 036
- 10. BB&T Oswald Trippe & Company, \$104,038

Top United Way Community

#### Contributors

- 1. Bonita Bay, \$783,960
- 2. Sanibel Captiva \$370,628
- 3. Brooks, \$251,353
- 4. Pelican Landing, \$229,531
- 5. Mediterra, \$224,689
- 6. Fiddlesticks, \$205,082

After hearing the United Way goal announcement, Jennifer Benton, chief executive officer of Abuse Counseling and Treatment said, "Funding from United Way is so important to our agency. We served, last year, over 5,600 victims of domestic violence and survivors of sexual assault and human trafficking. Over 650 victims and their children staved in our shelters. We could not do all that we do without our United Way.

In addition to raising funds for human service organizations in our community, the United Way promotes partnerships and collaborations among agencies and initiatives, helping them to work together focusing on issues and solutions that continue to improve lives.

The United Way of Lee, Hendry, Glades, and Okeechobee has raised and distributed over \$147 million since it was established in 1957. For more information please call United Way at 433-2000 

# Visit The Estates On Easter To See What Is Blooming In The Gardens

¬dison & ¬Ford Winter ■Estates and the Marina at Edison Ford are open for business on Easter Sunday. Families can enjoy an Easter brunch at Pinchers Crab Shack, take a tour of Edison Ford properties and a river boat cruise along the Caloosahatchee River with Pure Fort Myers. Edison Ford is open daily from 9 a.m. to 5:30



Come see what is blooming in the gardens of the Edison & Ford

Many of the plants are blooming this time of year, so it's a great time to tour the

gardens and see what's blooming at Edison Ford. The Bougainvillea blooms have popped open overnight and are an amazing sight.

Guided and self-guided tours are available throughout the day with the last guided tour at 4 p.m. Self-guided, audio tours and maps are available in English, German, Spanish and French. Guide maps also are available in Chinese.

The Museum Store, Ford Cottage Shoppe and Garden Shoppe also will be open for anyone looking to buy a plant or gift for a loved one.

For more information, contact Edison & Ford Winter Estates at 334-7419 or visit www.edisonfordwinterestates.org.☆

# Power Squadron Boating Course

he San Carlos Bay Sail & Power Squadron will be offering America's Boating Course beginning Saturday, April 2 from 8:15 a.m. to 12:30 p.m. This course is recognized by the National Association of State Boating Law Administrators. Anyone born after January 1, 1988 must have passed a safe boating course and obtain a Boating Safety Education ID card in order to operate a boat with more than 10 hp. Each student will receive a card/certificate from the Florida Fish and Wildlife Commission upon completion of the class.

The course consists of two sessions on consecutive Saturdays. The second session will be on Saturday, April 9.

Topics covered include hull design, docking, anchoring, handling boating emergencies, reading channel markers and many other topics to make each boating experience safer and more enjoyable. The cost is \$45 with a \$20 cost for a second person sharing the instruction materials.

The course is taught at the power squadron classroom at 16048 San Carlos Boulevard, at the corner of Kelly Road. Register at www.scbps.com or call 466-

# Six Parks In City Of Fort Myers People May Not Know About



City of Fort Myers Park

Thile many residents and guests are familiar with City of Fort Myers' destinations like Centennial Park, Golf View Park, and Roberto Clemente Park, there are a number of other parks that are virtually unknown. Did you know there are 35 parks throughout the City, with four more on the drawing boards?

- Here are six parks that many folks may not know about:

   Bennett-Hart Park at 2330 Dr. Martin Luther King Boulevard and Park of Palms at 2414 Edwards Drive (otherwise known as the Educational Palms Parks). Visitors to these parks will find 30-plus palms identified by their common name, and botanical name, and place of origin. They also discover which ones are best to survive in Southwest Florida, which is important to know for anyone building a home or office in the region. By the way, Park of Palms is one of the city's first, having been built in
- North Colonial Linear Park, celebrating its 20th year in existence this year, is hands-down the best place in an urban environment to see native Florida waterfowl. Take a stroll over the two miles of paved road alongside the Colonial Canal and you'll see why. The park is located from Metro Parkway to Ortiz Avenue. While you're there, head over to the adjacent 3.25-acre Trailhead Park, featuring a playground, pavilions and walking paths, at 3606 Veronica South Shoemaker Boulevard.

• Riverside Park and Community Center, located at 3061 E. Riverside Drive. This four-acre park features a playground, kayak launch, fishing pier,



City of Fort Myers playground

large covered picnic areas, nature trails, numerous native plants, and various animal species that can be viewed from the shoreline.

Riverside Community Center offers a number of activities and programs including ballroom dance lessons and the opportunity to join the award-winning Harp & Thistle Pipe Band's open rehearsals of traditional Scottish bagpipe and drums on Wednesday evenings. The Ham Radio Club meets there on the last Tuesday of the month, as does the Suncoast Sunshine Stompers who teach clogging lessons on Wednesday mornings. The Southwest Florida Symphony holds rehearsals there as well, offering the public an excellent opportunity to hear this outstanding orchestra perform at no charge. Plus, a waterfront ballroom that accommodates up to 190 guests and features a full stage. The room is available for rent for public and private events. The facility also offers a full catering kitchen, meeting room, wood shop and pottery room. For more information about Riverside Park and Community Center, call Kelly MacDonald at 321-7524.

• Sam Fleishman Park, located at 1750 Matthew Drive. This 11.5-acre sports complex features three baseball fields, three softball fields, a basketball court and 10 tennis courts, eight of which are lighted. The facility is also home to the Fort Myers Aquatic Center with a 10-lane, junior Olympic-sized competition pool and a zero-entry kiddie pool. A 30-foot slide tower includes three different rides, making this versatile facility an excellent place to host birthday parties. During the summer, the aquatic center offers a full snack bar.

Overall, the Fort Myers City Parks and Beautification Division maintains some 342 acres within city limits, providing horticultural maintenance, turf mowing, and irrigation maintenance and repair to public properties. In addition, they keep the city's playgrounds safe and install holiday decorations.

# Sanibel T-Shirts Available at these locations... T-Shirt Hut 472-1415 Amy's Something Special 472-4421 Needful Things 472-5400 Pak-n-ship of Sanibel 395-1220 Macintosh Books 472-1447 Goodbye Kitty

# HORTOONS



#### 5

Fort Myers Art:

# Enchanting Illustrations By Young Swiss Artist

by Tom Hall

n exhibit at the René Miville Gallery in the Franklin Shops on First Street in downtown Fort Myers is Guardians of the Forest, an assemblage of enchanting and mystically

romantic illustrations by 16-year-old Swiss artist Simone Eisenbeiss.

The artist has been drawing for as long as she can remember, and her graphite and color pencil depictions of foxes and other forest-dwelling creatures evince definitive elements of illustration. But her compositions also contain surrealist references, belying a deeper meaning intended to show there exists more than just our normal and ordinary lives. In her own words, Eisenbeiss presents to her audience a bridge between fantasy and reality, heaven and earth.

"There are things out there that we can't explain, but some of us can feel or acknowledge them," Eisenbeiss said in a recent interview with gallery owner



The *Guardians of the Forest* exhibit is an assemblage of enchanting and mystically romantic illustrations by 16-year-old Swiss artist Simone Eisenbeiss

René Miville. "I want to show different perspectives of our enslaved and captivated mind. We must open our hearts and free our minds to get to a higher level of life. I know, some of my drawings are very hard to understand – and sometimes even I have no idea what they mean. But deep in my soul I know the answer."

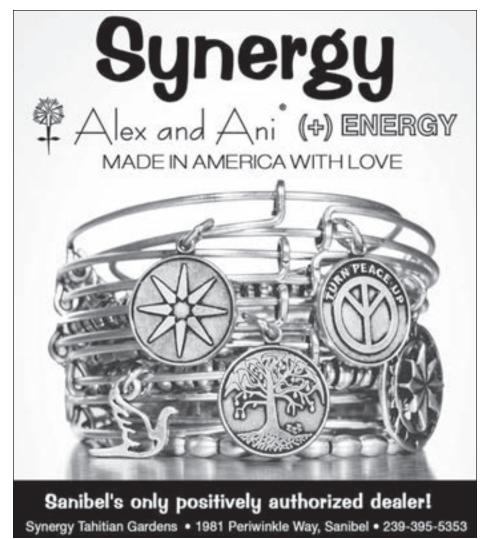
This is precisely the goal of Surrealism. To demolish the backbone of rational thought, André Breton and his contemporaries "attempted to tap into the 'superior reality' of the subconscious mind," points out New York's Museum of Modern Art. Where the original Surrealists used automatism, experimental uses of language and found objects to create art without conscious thought, Eisenbeiss employs the silence and serenity of the forest to free her mind and stimulate her creativity.

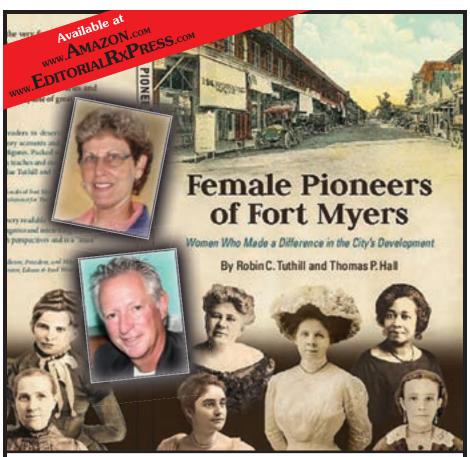
This feeling of silence and serenity is enhanced by the gleaming white walls, laminate wood floors and museum-style arrangement of Eisenbeiss' illustrations and drawings. The Miville Gallery provides a comfortable, quiet environ that is conducive to thoughtful viewing of these interesting pieces, which express a deep and abiding love for the animals Eisenbeiss sees and interacts with on her daily forays into the woods that surround her home.

"For about a year now, I have had a real fox friend out there in the woods, and I was able to build a true bond with the wild foxes," she recounted in her interview with Miville. But her portrayals are not merely representational. Instead, they incorporate fantasy and mysticism to draw her viewers into her compositions and hold them there while her marks connect subliminally with their subconscious, too.

You can view *Guardians of the Forest* at the René Miville Gallery in the Franklin Shops, located on the second floor mezzanine in the 1937 Franklin Hardware Store building at 2200 First Street. The gallery opened in July 2014 with the purpose of creating "a space in downtown Fort Myers where the artists and their audience engage in a meaningful way." For more information, call 333-3130 or email creinhardt@the-franklinshops.com.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.





"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of Legendary Locals of Fort Myers and Fort Myers, Then & Now

# Hope Kids Care Family Fun Day



Ando Gilde Rubio and Trisha Scerbo

ope Kids Care participants, along with their siblings, parents and caregivers, were invited to the sixth Family Fun Day hosted by the Junior League of Fort Myers at Hope HealthCare Services' Fort Myers campus.

More than 100 guests enjoyed a day of music, refreshments, fun activities, face painting, family photos and carriage rides by Whispering Pines Clydesdales. "Hope Kids Care helps Lee, Hendry and Glades

county children who have been diagnosed with potentially life-limiting illnesses work through the medical, emotional and spiritual challenges they face each day," said Samira Beckwith, president and CEO of Hope HealthCare Services.

'We are so appreciative of the Junior League for continuing to host this special day that brings so much joy to the children and their loved ones," she added.

Hope Kids Care Family Fun Day is hosted by the Junior League of Fort Myers, Inc., a 501(c)(3) nonprofit organization made up of women committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers.

A portion of the Hope Kids Care program, which includes art and music therapy, pediatric hospice care, bereavement counseling and Rainbow Trails Camp, is supported by community

donations. For more information about Hope Kids Care, call 433-6723.



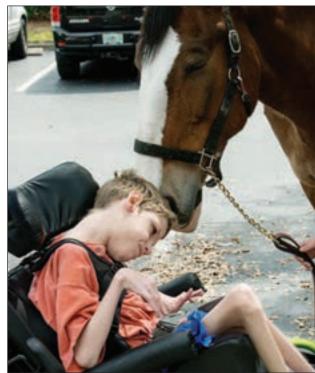
Kimberly Gutierrez



Sophie and Federico Trejo



Aneysha and Shanelles Vasquez with Tally the Clydesdale



Riley Buck with Tally the Clydesdale



Angel Canete and Shanna Bryant

# Lecture, Training On Helping The Poor

'n partnership with The Freedom & Virtue Institute, New Hope Presbyterian Church will host a lecture and training on how to help the poor with dignity with scholar Marvin Olasky. This free lecture will be held on Wednesday, April 6 at 6:30 p.m., and the Effective Compassion Training – led by Olasky and Ismael Hernandez – will be held on Thursday, April 7 from 9 a.m. until noon. Both events will be held at New Hope Presbyterian Church, located at 3825 McGregor Boulevard in Fort Myers.

Dr. Olasky is editor-in-chief of WORLD, dean of the World Journalism Institute, and holder of the distinguished chair in journalism and public policy at Patrick Henry College. He is the author of 22 books, including Fighting for Liberty and Virtue and The Tragedy of American Compassion.

Philanthropy magazine called Dr. Olasky's The Tragedy of American Compassion one of "eight books that changed America." His writings have been translated into Chinese, Spanish, Italian, French, Portuguese, Russian and other languages. His lectures have awakened listeners on five continents.

This opportunity is one that churches and nonprofits serving the poor don't want to miss," said Ismael Hernandez, executive director of the Freedom & Virtue Institute. "Not always we have the opportunity to learn and interact with a top scholar on issues dear to those who invest their lives in service of others. I encourage your service team members to join us."

To RSVP to attend either the lecture or training, email Ismael Hernandez at ismael@fvinstitute.org.☆

Ita Neymotin has been reappointed by Governor Scott as Regional Counsel for the Office of Criminal Conflict and Civil Regional Counsel for Florida's Second District Court of Appeal Region.

# Regional Counsel Reappointed By Governor Rick Scott

Attorney Ita Neymotin, the regional counsel for the Office of Criminal Conflict and Civil Regional Counsel for the Second District Court of Appeal of Florida, has been reappointed to her post by Governor Rick Scott. She has served in this capacity since 2011, when she became the youngest attorney and the only woman appointed in the state of Florida. Now at age 43, she maintains those distinctions among all five District Court of Appeal regions across the state.

Neymotin is responsible for the 14 counties that make up the Second District Court of Appeal, managing 140 attorneys and support staff with an annual budget that exceeds \$9 million. The Regional Counsel defends parties when the Public Defender's office has a conflict in a case. The office also represents indigent clients in juvenile dependency as well as certain types of civil cases. Neymotin is responsible for the counties including Lee, Collier, Hendry, Charlotte, Glades, DeSoto, Hardee, Highlands, Polk, Pasco, Pinellas, Hillsborough, Manatee, and Sarasota.

Hardee, Highlands, Polk, Pasco, Pinellas, Hillsborough, Manatee, and Sarasota. Neymotin's original appointment in 2011 represented a return to the Regional Counsel, as she had served as a trial attorney and chief for the office from 2007 to 2010. She practiced with the Office of the Public Defender for the Twentieth Judicial Circuit from 2004 to 2007, the Kremenchuker Law Firm P.A. from 2003 to 2004, and the Office of the State Attorney for the Twentieth Judicial Circuit from 2002 to 2003. Neymotin received a bachelor's degree from Ohio State University and a law degree and Master of Laws from Capital University Law School. She is reappointed for a term ending September 30, 2019.

Neymotin is also chair of the Local Professionalism Panel for the Twentieth Judicial Circuit, and is a frequent speaker on professionalism issues for agencies and conferences across Florida. She was the recipient of Capital University Law School's 2015 Distinguished Alumni of the Year Award. Upon the invitation of the Ukrainian government, she visited that country to advise its officials on improving their system of justice, enhancing its public image and dealing with the problem of selective persecution. Neymotin is on The Florida Bar Grievance Committee, and was the 2015 Medal of Honor recipient from the Collier County Bar Association. She also teaches the Florida Criminal Law and Procedure Class at Ave Maria Law School.

For more information visit flrc2.org.☆



# Calendar Girls Entertain At Cypress Woods Ice Cream Social



The Calendar Girls

The award-winning Calendar Girls, along with Southeastern Guide Dog puppies, entertained the residents at the Cypress Woods Ice Cream Social on March 13. For more information, visit www.calendargirlsflorida.com.

To advertise in The River Weekly News Call 415-7732





This is the final week for two of Lee County's seasonal farmers markets. The last day for the Marinatown Market in North Fort Myers is Friday, March 25. For Fenway South Market (pictured), which takes place in front of JetBlue Park, it's Wednesday, March 30.

# Along The River

n Friday, March 25, join the newest downtown event with **Pet Walk**. The pet friendly gathering will occur every fourth Friday of the month from 6 to 8 p.m. at the Hendry Street median. Pet owners are expected to have pets leashed and pick up any pet souvenirs. It is presented by downtown Fort Myers' River District Alliance. For more information, go to www.fortmyersriverdistrictalliance.com or call (855) RDA-EVENTS (732-3836).

What better place to enjoy live music than on the beach? Every Friday and Saturday night, music lovers gather at Times Square on Fort Myers Beach for the free **Sunset Celebration** series of concerts. Sunset Celebration provides a great opportunity to hear local bands in a spectacular setting. It is held every Friday and Saturday from 5 to 10 p.m., weather permitting. The concerts are free to the public.

Friday, March 25 features music by popular local band High Tide. **High Tide** plays an unusual but refreshing collection of popular music covers: reggae, classic rock, alternative rock, R&B and funk. On Saturday, it's the **Troublemakerz**, playing classic rock, modern rock, dance, country, alternative and 80s music. For more information about Sunset Celebration, call 463-5900.

On Saturday, March 26 from 10 a.m. to noon, the **Gulf Coast Writers Association** holds its general meeting. The speaker is Sidney B. Simon. Usually held on the third Saturday of each month (except December), March's meeting was postponed due to the Southwest Florida Reading Festival.

The Gulf Coast Writers Association provides a forum for fellowship, education and information among writers in the community. It promotes writer welfare and spirit by encouraging members and others to pursue writing for pure joy or for compensation, whichever purpose better gratifies the individual.

The March meeting of the Gulf Coast Writers Association is at

Covenant Presbyterian Church, 2439 McGregor Boulevard, Fort Myers. For more information, go to www. gulfwriters.org.

On Saturday at 11 a.m., learn about butterfly garden at the **Butterfly Estates**. The purpose of the monthly event is to expose residents and visitors to the importance of Florida's incredible butterflies. The organization hopes to inspire guests to plant butterfly gardens to support and increase natural populations. The complimentary lessons are offered on the fourth Saturday of every month.

The Butterfly Estate's educational facility, complete with a 3,600 square foot glass butterfly conservatory, is providing the appropriate educational programs and involved research projects that are helping butterfly populations flourish throughout the state. The small facility is home of The Florida Native Butterfly Society and is located in Gardner's Park in the downtown Fort Myers River District. The inspiration for the venue is the Southwest Florida natural environment.

The Butterfly Estates is located at 1815 Fowler Street, Fort Myers. For more information, call 690-2359 or go to www.thebutterflyestates.com.

On Saturday from 4 to 8 p.m., the monthly **Car Cruise-In** returns to the River District.

From classic to cool, downtown streets are lined with the sight of amazing show cars on the fourth Saturday of the month. Free to the public, the event also showcases music, food and drinks with many downtown businesses featuring additional specials.

For more information about Car Cruise-In, go to www. fortmyersriverdistrictalliance.com or call (855) RDA-EVENTS (732-3836).

At 7 p.m. on Saturday, **ACMA** (Americana Community Music Association Services) presents **Jefferson Ross** in concert with **Andy Getch** opening. Doors open at 6:30 p.m. The suggested ticket donation is \$10 for ACMA members and \$15 for non-members. Proceeds benefit the ACMA.



On March 26 at 11 a.m., learn to grow a butterfly garden at the Butterfly Estates. Held on the fourth Saturday of each month, the lessons are free.

ACMA concerts are held at All Faiths Unitarian Church, however, the music presented is strictly secular, in acoustic-based categories like Americana, Folk, Roots and Blues. All of the artists who perform at the ACMA are singer/songwriters and almost exclusively present their original material. Unless you are familiar with these artists, you won't recognize their songs – but that doesn't mean they're not great.

All Faiths Unitarian Church, 2756 McGregor Boulevard in Fort Myers. For more information about ACMA, call 691-4069 or go to www.americanacma. org.

This is the last week for two of Lee county's **seasonal farmers markets**: **Friday, March 25**: Marinatown

Farmers Market, 3446 Marinatown Lane, North Fort Myers, off Hancock Bridge Parkway just west of US 41. 9 a.m. to 1 p.m. BBQ, crepes, Cuban food truck, jams, pickles, seafood, baked goods, pet treats, exotic mushrooms, crafts and special items. Go to www.buylocalee.com.

Wednesday, March 30: Fenway South Farmers Market, 11500 Fenway South Drive, Fort Myers in front of JetBlue Park. 9 a.m. to 1 p.m. Fresh local produce, cheeses, fresh pastas, seafood, baked breads, meats, herbs, organic vegetables, ready-to-eat meals, plants, flowers, crafts, soaps, candles and other items. Parking is free. Call 226-4783 or go to www.buylocalee. com.

### American Legion Post 274 Events

n Friday, March 25, Kiwanis Club meets for breakfast at 7:30 a.m. Guest may choose between a fried fish/shrimp/crab cakes/New England clam chowder dinner or baked chicken dinner. Harry Boyle plays from 7:30 to 10:30 p.m.

On Saturday, March 26, the Pool League plays at 1 p.m. Queen of Hearts starts at 7 p.m. Choose either a prime rib or a baked fish dinner. Harry Boyle plays from 7:30 to 10:30 p.m.

Sunday, March 27 is Easter. A special Easter dinner is served from noon to 5 p.m. Karaoke with Mike Russell is from 6 to 10 p.m.

On Monday, March 28, the Pool

League plays at 6 p.m. A pot roast dinner will be served.

On Tuesday, March 29, choose from fettuccine alfredo with 25 shrimp or a fried chicken dinner. Mega-Money is held at 6:30 p.m. Country line dancing and two-step instructions also start at 6:30 p.m. Birdie Lee performs from 7 to 10 p.m.

On Wednesday, March 30, Bingo is played from 6:30 to 9:30 p.m. Spaghetti and meatballs is also served.

On Thursday, March 31, SAL baby back ribs dinner will be served. The Classix play from 6 to 9 p.m.

Dinner is served nightly from 5 to 7 p.m.

The American Legion Melvin Cowart Post 274 is located at 899 Buttonwood Drive in Fort Myers Beach. For more information, call 463-6591. ☼

Share your community news with us. Call 415-7732, Fax: 415-7702 or email press@riverweekly.com

# **FORT MYERS FARE**

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Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's bestselling mystery novels.

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708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

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Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for 11 years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



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Where can you go when you're in the moooood for some great cook'in, local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with french doors leading out to the front

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2163 Periwinkle Way, Sanibel. Call 472-0606.

#### **SS HOOKERS**

Get hooked on great cuisine and spirits at SS Hookers. The restaurant pays tribute to the rich history of Punta Rassa, the home of big game fishing. It serves American cuisine with a Cajun twist. Waterfront dining is available daily for breakfast, lunch and dinner.

for breaktast, runch and amount After a triumphant day of fishing, bring your catch to the restaurant: "If you hook it, our chef will cook it."

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17501 Harbour Pointe Drive, Fort Myers. Call 466-5377 (HOOKERS).

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# Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA) 2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900.

www.allfaiths-uc.org
ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

ANNUNCIATION GREEK

### ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., www.annunciation. fl.goarch.org, 481-2099

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**MESSIANIC SYNAGOGUE** 

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

#### **BREAD OF LIFE MINISTRIES** CHURCH OF GOD

16581 McGregor Boulevard, 267-3166
Just past the Tanger Outlet Mall. Pastor
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10:30 a.m., Wednesday Bible Study, 7 p.m.
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5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@ chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverendt Ted Althouse, Pastor revtedalthouse@aol.com

**CHURCH OF THE CROSS** 

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45

**CONGREGATIONAL CHURCH** 

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: www.taecc.com
COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937 Reverned Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m. CYPRESS LAKE UNITED

METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD

**OUTREACH MINISTRIES** 6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m. Nursery care for pre-school children and Children's Church ages 5 to 12 available. FAITH UNITED METHODIST CHURCH 15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer.Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San . Carlos Boulevard on the way to Sanibel. FIRST CHURCH OF CHRIST, SCIENTIST 2390 West First Street, next door to Edison Estates. 10:30 a.m Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. christiansciencefortmyers.net, christianscience.com

FIRST CHURCH OF THE NAZARENE 13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m. FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers. org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.
FORT MYERS CHRISTIAN CHURCH

(DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15

FORT MYERS CONGREGATIONAL **UNITED CHURCH OF CHRIST:** 

8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m., Adult Forum: 11:30 a.m.
IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday

9:30 a.m. services.

JESUS THE WORKER CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m. KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service. LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www. lambofgodchurch.net. Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m

**NEW BEGINNINGS CENTER** 

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embargmail. com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers
NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts

**NEW HOPE BAPTIST CHURCH** OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH 3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org

PEACE COMMUNITY CHURCH Fort Myers Beach Masonic Lodge 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship:10:30 a.m. www.

peacecommunitychurch.com.
PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www. peaceftmyers.com, peace@peaceftmyers.

REDEEMER LUTHERAN CHURCH 3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.
RIVER OF LIFE ASSEMBLY OF GOD 21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m Services; 11:30 a.m. Legacy

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SAINT COLUMBKILLE **CATHOLIC CHURCH** 

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973 Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9,11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by appointment.

ST. FRANCIS XAVIER **CATHOLIC CHURCH** 

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m. SAINT JOHN THE APOSTLE METROPOLITAN COMMUNITY CHURCH

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CHURCH & SCHOOL (LCMS) 3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT PETER LUTHERAN CHURCH 3751 Estero Boulevard, Fort Myers Beach, 463-4251, www.stpeterfmb.com.

Sunday services at 8:30 and 10:30 a.m. SAINT NICHOLAS MONASTERY Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www. saintnicholasmonastery.org.

ST. VINCENT DE PAUL **CATHOLIC COMMUNITY** 

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Šunday.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednsday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE 16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. rabbi.barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org. THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. http://www. newchurchflorida.com. 481-5535. UNITARIAN UNIVERSALIST

**CHURCH FORT MYERS** 

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-

2700. www.uucfm.org.
UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving

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11120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.
unityoffortmyers.org. Our God is Love, Our
Race is Human, Our Religion is Oneness
WESTMINSTER PRESBYTERIAN **CHURCH** 

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship, www. westminsterfortmyers.org

WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Eductional Hour. www.zionfm.org.



Robert Steagall's Boardwalk Sunrise photo-



Julie Camp, mosaic

# Annual Spring Art Affair At Bell Tower Shops

lliance for the Arts presents its 5th annual Spring Art Affair at the Bell Tower Shops in Fort Myerson Saturday, April 2, to celebrate the beginning of spring. The free outdoor art fair features more than twenty artists who work in a wide variety of mediums, including oil, acrylic and mixed media painting, photography, custom jewelry, furniture and hand-woven baskets.

Participating artists include: Julie Camp, Geoff Coe, John Cristina, Marilyn



Moe's Mosaics



Valerie Talon's mini collage bracelet

Frank, Damali Gibbs, Kathy Kuser, Moe's Mosaics, Carmen Munoz, Patricia O'Toole, Caren Pearson, Dorothy Seal, Robert Steagall, Amanda (Mimi) Štirn, Valerie Taloni, Andrea Trank, Nancy Van Tassell, Patricia Vilela, Pamela Volz and Chris Young.

Artists will discuss their work and processes from 11 a.m. to 6 p.m. For

further in formation, visit ArtInLee.org or call 939-2787.

The Alliance for the Arts is the state designated Local Arts Agency for Lee County.

From page 2

# Chadwick House

She shared a love of gardening and city beautification with her good friend Mina (Mrs. Thomas A.) Edison and was a fellow member of the Plant Guild.

Photos circa 1930 photo attest to her elegant style that was no doubt influenced by her being at home on the operatic stage. Locals might have thought her more "Chicago" or "San Francisco" than Fort Myers.

There was certainly nothing dowdy about her appearance – dark shimmery dress, chunky jewelry, cloche hat, and dramatic eye make-up. What a contrast with the breezy, comfortable light linens and straw hats that Mina Edison and other club women wore.

She must have added a touch of the exotic to the local cultural and social scene.

Rosamond was widowed in 1947, when Clarence died at their First Street

She died in 1963 at the age of 78 in a Sarasota nursing home and is buried in Fort Myers.

In the subsequent 15 years, the house was occupied by various residents and experienced a couple of vacant periods. Then, in the late 1970s, it became a law

Serving Sanibel, Captiva e 3

office, which it was until recently.

Today, the exterior of the houses remain much the same; even the peckycypress front door is still there. The rooftop balustrades, most of the large urns, and the window awnings are gone, however, and the second-story center roof has been replaced with modern synthetic tiles.

Walk down to First and Woodford and imagine the neighborhood in 1925, when houses, not condos, were going up.

Then travel the short distance to the Southwest Florida Museum of History at 2031 Jackson Street to learn more about the many 1920s visitors who discovered Fort Myers and decided to stay.

Call 321-7430 for information, or go to museumofhistory.org. Hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Visit the Southwest Florida Historical Society's research center to delve into local history.

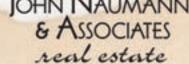
The all-volunteer non-profit organization is at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

The center is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. Call 939-4044 or visit swflhistoricalsociety.org for more information.

Sources: Archives of the Southwest Florida Historical Society, Historic Fort Myers by The City of Fort Myers, Historic Fort Myers and Pages from the Past by Prudy Taylor Board and Esther B. Colcord, The Fort Myers News-Press, and The Story of Fort Myers by Karl H. Grismer.



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# **Quick Change** Of Season



by Capt. Matt Mitchell

arpon were the big news on the water this week as we went from winter right into spring in just over a week. I've already had reports of anglers catching early

season tarpon and I did see a few roll and free jump during the past few days while traveling through the sound.

With water temperatures quickly rising into the mid to high 70s, that magical springtime fishing we have been waiting for has kicked off..

Snook have started the move out from the mangrove creeks and are now showing up on the outside mangrove points and oyster bars in the middle sound. This pattern will continue as the water warms and they make this annual transition into the passes by next month.

Despite super slow moving daytime tides this week, fishing action was consistent with snook being the target species most trips out. Free-lined shiners were what these fish wanted to

The big snook caught on my boat this week was 29 inches ,although we did have a few shots at larger ones that, once hooked, beat anglers to the structure and broke off. Catching 10 to 20 fish has been a average half-day snook trip with no single stop being that crazy wide open bite I've been looking and waiting for. With much better tides this week, the snook bite will only get better.

Working hard to get a live well full of shiners has been the key to keeping the rods bent and catching quality fish. Days when I got a little lucky and had plenty of shiners to live chum resulted in much better action than the days I only had enough to bait hooks with.

With shiners, the better bait you have the better your day will go. Creeks and mangrove shorelines quickly came to life when lightly seasoned up with a scoop of live stunned shiners. Snook, trout, redfish, snapper and jacks all exploded on these irresistible bait fish.



Tim Koles, visiting from Maryland, caught lots of snook while fishing with Capt. Matt Mitchell

Catching shiners has remained a little hit and miss and on some days a real grind. Slow moving tides had me running to the bridge to try catching bait at zero dark thirty. Warmer water has finally made it possible to chum and catch these shiners out on the open grass flats.

When chumming for shiners mix about a gallon of dry chum with water until it's a paste then add about a cup of menhaden oil. When shiners are a little tough to catch, menhaden oil seems to make a world of difference.

Time invested in catching these quality baits will pay off.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.\$

#### Lake Kennedy Senior Center

### Lion Country Safari

ennedy Kruisers will tour Lion Country Safari in West Palm Beach on Thursday. April 28. It features over 900 animals, animal displays, animal feeding, rides, a water spray ground, food and shopping. There will be a 90-minute guided tour and each guest will receive an animal feeding voucher. Dutch treat lunch will be available at the park from one of the many vendors on site. Pre-registration is required.

Cost is \$50 per member and \$55 per non-member.

Lake Kennedy Senior Center is located at 400 Santa Barbara Boulevard in Cape Coral. For more information, call 574-0575.☆

### Send Us Your Fish Tales

he River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to press@riverweekly.com.

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**CROW Case Of The Week:** 

### Eastern Cottaintails



by Patricia Molloy

he Eastern cottontail (Sylvilagus floridanus) is a wild rabbit found throughout North and South America. Highly adaptable, they can survive in warm and cold climates

and will simply move to a more suitable environment if food becomes scarce on their home turf.

Cottontail rabbits are not only cute and cuddly, but quite clever. When a potential predator approaches, the cottontail will 'freeze" in an effort to remain unnoticed. If that tactic fails and the animal (or human) continues to gain round, the rabbit will hop away in a zig-zag pattern. If a chase ensues, the cottontail will circle its home range, jumping from side to side, in order to break its scent tracks. Despite the ability to reach speeds up to 18 mph, it must be on high alert at all times.

CROW is caring for three little cottontails that were admitted as abandoned or orphaned babies (though it is possible that they were unintentionally abducted). All of the bunnies appeared to be in good health with no injuries detected. Judging

by their healthy weights, they had been fed well and regularly.

Wild rabbits often fare poorly in captivity because they view their human caretakers as potential predators. Despite being housed in cozy hutches in one of the ICU's quiet rooms, young bunnies often experience dramatic weight loss once they find themselves separated from their mothers. To combat this, the cottontails are being force-fed several times each day to ensure optimal growth. Fresh greens are left in their cage for snacking. After their morning weigh-ins and in between feedings, the bunnies are left alone to snuggle and hop around the hutch playfully.

As soon as they are old enough to survive on their own, they will be released back into the wild together.

Do you ever wonder what types of critters find themselves at the wildlife clinic and why? CROW's Visitor Education Center offers regularly-scheduled presentations led by the hospital's medical staff. It also has self-guided tours, hands-on exhibits and live video footage highlighting patient stories. Call 472-3644 ext. 288 or go to www.CrowClinic.org for a complete schedule.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crowclinic.org.☆



A young Eastern cottontail nibbles on greens and nutrient-packed pellets. CROW is currently caring for three little bunnies until they are old enough to survive on their own.

# Angel Flight Pilots Recognized

ometimes a visit to the doctor can be complicated because of a patient's inability to travel long distances due to physical or financial challenges. That's when Elina Lunin, Marc Miller and Josh Lubbers come to the rescue

Lunin, Miller and Lubbers volunteer with Angel Flight Southeast (www. angelflightse.org), donating their time, personal aircraft and fuel to fly patients to life-saving medical appointments that otherwise would be too far away or too costly. They are part of a network of 650 pilots who volunteer to make approximately 3,000 missions each year.

The three volunteers are being recognized as honorees for the 2015 Pilot of the Year Award for the Southwest Florida region. They will be honored on Friday, April 8 at the Dr. Franklin G. Norris Pilot Awards Gala for Angel Flight Southeast at the River Ranch Resort and airport in River Ranch, Florida. One of the three will be named Pilot of the Year, the highest honor for Angel Flight Southeast pilots.

Lunin, who joined the network in 2013, flies a Piper Geronimo out of Sarasota/Bradenton International Airport. She resides in Sarasota.

Miller, who flies a Piper Aztec, is based out of Page Field, Fort Myers. He has been flying for Angel Flight Southeast since 2012 and resides in Estero. Miller

was the 2014 Pilot of the Year.

Lubbers, who flies a Beechcraft Bonanza, is based out of Punta Gorda Airport. He has been an Angel Flight Southeast pilot since 2015 and also lives in Estero. He is also an honoree for the Rookie Pilot of the Year Award.

"Our Angel Flight Southeast pilots may sign up to fly a passenger to a medical appointment any day of the week. Some flights require multiple legs and these volunteers play an important role in coordinating the trips with precise timing so their passengers arrive safely and on time," said Steve Purello, CEO of Angel Flight Southeast, which is based in Leesburg. "Often pilots will fly the same passenger to multiple appointments and they develop close relationships with the patients and their families and friends. While the pilots often say their reward is the smile or hug from the passengers, we want to recognize each of them for their unselfish dedication to our Angel Flight Southeast passengers.

For information about the awards, or to learn more about Angel Flight Southeast, call 352-326-0761 or visit www.angelflightse.org/events.☆

To advertise in The River Weekly News Call 415-7732



# Hammock Viperstail

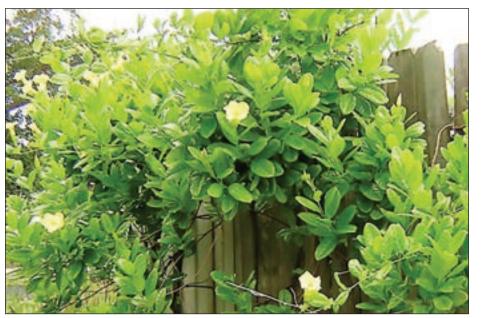


Hammock viperstail has lovely five-lobed flowers and shiny evergreen foliage photos by Gerri Reaves

by Gerri Reaves

ammock viperstail (Pentalinon luteum) is a long-lived woody twining vine that is also known as wild allamanda and, erroneously, as yellow mandevilla.

In the wild, this native is found in pinelands, coastal thickets, pine rocklands and hammocks.



This native twining vine scrambles over a fence or trellis or makes an attractive groundcover

This member of the oleander, or dogbane, family is a good choice for both coastal and inland landscapes.

A fast-grower, it reaches up to 12 feet long, with trumpet- or funnel-shaped yellow flowers and evergreen foliage. Use it as an attractive and robust cover for a trellis or fence or as a groundcover.

The five-lobed flowers are about two inches across and bloom throughout the year, peaking in spring and summer. They usually open one by one from clusters of up to seven buds at the branch ends.

The glossy leaves with under-curled edges measure one to three inches long and up to an inch wide.

The dry fruit splits at maturity to reveal cottony seeds.

This vine grows in full sun to partial shade and is highly drought-tolerant once established.

It can grow even in nutrient-poor soil, but does not like overly moist conditions.

While it tolerates salt wind well, it does not tolerate much inundation by salty or brackish water.

Beauty, low-maintenance and hardiness are not the only reasons to include this species in your landscape. It is also the host plant for the native polka-dotted wasp moth, also called oleander moth for its propensity to chomp through oleander bushes.

Take care when handling or pruning hammock viperstail, for the sap can irritate the eyes and skin and is toxic if ingested.

Propagate it with seeds or cuttings. Sources: Everglades Wildflowers by Roger L. Hammer, A Gardener's Guild to Florida's Native Plants by Rufino Osorio, Native Florida Plants by Robert G. Haehle and Joan Brookwell, The Shrubs and Woody Vines of Florida by Gil Nelson, fnps.org, and regionalconservation.org.

This tour is provided in cooperation

with Lee County Parks and Recreation.

Little blue heron

photo by Meg Rousher

# Morning Meander At Lakes Park

nature walk with a Bird Patrol Guide is slated for Saturday, April 2 at 8 a.m. at Lakes Regional Park, 7330 Gladiolus Drive, Fort Myers. Meet at Shelter A7. Enter Lakes Park gate from Gladiolus, turn right, drive to the end of the road and continue through the parking lot to Shelter A7 near the train station.

This easy walk along clear paths offers an opportunity to see birds in native vegetation with experienced guides pointing out the many species. Lakes Park is a Lee County birding hot spot and crucial nesting area for many birds.

Wear comfortable shoes and dress to be outside. Bring water, sunscreen and binoculars

For more information, call 533-7580 or 533-7576

Admission is free with paid parking.

# Eco-Cruise To Picnic Island

Pure Florida's Fort Myers location will present an Eco-Cruise tour to Picnic Island on Saturday, April 2 from 8 to 11 a.m. The three-hour eco-adventure includes a narrated cruise along the Caloosahatchee River and a guided tour of Picnic Island, a natural, uninhabited island located between Sanibel and Pine Island.

During the Eco-Cruise to Picnic Island excursion, guests will have the opportunity to bask in the sunshine and experience the natural beauty of Southwest Florida. While discovering the island, explorers can enjoy leisurely walking amidst black and white mangroves, playing in sand, shelling and fishing. Visitors will also have the opportunity to observe wildlife native to the Caloosahatchee River and Picnic Island, including dolphins, manatee, birds and other animals and plants.

Eco-Cruise tours are guided by Coast Guard-certified captains and master naturalists and highlight the history of the Caloosahatchee and the accomplishments of Thomas Edison and Henry Ford during their time spent at the nearby Edison & Ford Winter Estates in Fort Myers. Registration for the tour is \$44 per person, and the *M/V Edison Explorer* departs from The Marina at Edison Ford, located at 2360 West First Street in Fort Myers.

The Eco-Cruise to Picnic Island is a popular attraction for voyagers of all ages. Guests are encouraged to bring bottled water and snacks aboard, soft drinks and alcohol are prohibited. Reservations are required. For more information or to book tickets, call 919-2965, email FortMyers@PureFL.com or visit www. PureFL.com.



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# ALTERATIONS & DRY CLEANING

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#### **OBITUARY**



The Chamberlain family some years ago **TIMMY CHAMBERLAIN** 

ong-time and well-loved Sanibel resident Timothy "Timmy" Donald Chen Chamberlain, 53, was killed in a car accident at the corner of John Morris and Summerlin roads on Tuesday, March 15. A white cross bearing his name now stands where he took his last breath.

Born in Buffalo, New York on July 19, 1962, to Joseph and Alice Chen Chamberlain, Timmy graduated from Orchard Park High School in 1982. He went on to serve in the Army reserve.

In Buffalo, he was known as one of the best skateboarders in town and was an avid slalom skier in the winter. His award-winning career as a bartender that began in New York would span 30 years, including stints at iconic island venues.

In 1988, he moved to Sanibel with childhood buddy Carmen Carriero.

"No matter what he did he was very

passionate about it," said Carriero, who currently bartends at George & Wendy's Seafood Grill.

After falling in love over a plate of fresh oysters at the Lazy Flamingo in 1993, he married the love of his life, fellow Sanibel resident and Sundial employee Sharon Walter. During his tenure on the islands, Timmy bartended at the Sundial, the Bubble Room, 'Tween Waters Oasis Pool Bar, West Wind Inn, George and Wendy's and the Key Lime Bistro and was a favorite among patrons.

Known for his gregarious and unconventional manner, he was also an avid bass player and entertained islanders in various bands, including The Dirty Mullets and Robby Hutto and The Absent Minded, which was tattooed across his

He was a a member of Sanibel Community Church where he served as bass player in the Praise Team from 1997 to 2010. His and Sharon's two children, Sterling and Katie, attended The Sanibel School through middle school. Sterling now hand tosses pizzas at Beach Piez; Katie worked as a hostess at Cantina Captiva for two years and now is a hostess at the Twisted Vine in downtown Fort Myers.

Timmy most recently worked as an airport taxi driver and lived in Fort Myers.

He is survived by his wife, Sharon; his father Joseph Chamberlain, of Buffalo, New York; his mother Alice Chamberlain, of Woodstock, New York; his sister Joann Chamberlain-Plate (Marc); son Sterling Chamberlain, 22 and daughter Katie Chamberlain, 18, both of Fort Myers; stepson Justin Smith (Lauren), of Columbus, Ohio, and three step-granddaughters. Also surviving is neice Asia, 23 and aunts, uncles and cousins.

A memorial service will be held at New Hope Presbyterian Church in Fort Myers on Friday, April 8. In lieu of flowers, please make donations in Timmy's memory to FISH of Sanibel. 以

# FREE COMMUNITY TALK ON STEM **CELL THERAPY & PROLOTHERAPY** for relieving pain, sports injuries, and osteoarthritis... If you take pain medication, have post-surgical pain or want to learn about non-surgical treatment options, you won't want to miss this talk!

# WEDNESDAY MARCH 30th 2:00-3:30pm

with Ross A. Hauser, MD

#### LOCATION:

**Sanibel Public Library** 770 Dunlop Road, Sanibel, FL 33957

#### PRESENTATION HIGHLIGHTS INCLUDE:

- How Joint Instability is the missing diagnosis in most pain cases.
- Prolotherapy, Platelet Rich Plasma (PRP) and Stem Cell therapies for accelerated recovery.
- Common sports injuries: elbow injuries, back pain, labral tears, meniscus tears, and more.
- Why you may not have responded to certain pain treatments, including physical therapy and surgery.
- Why using ice for injuries is becoming a thing of the past.
- How cortisone injections can make you more susceptible to injury.
- Anti-inflammatory pain medications actually accelerate arthritis.
- Question and answer time with Dr. Hauser to get help with YOUR injury now!



Ross A. Hauser, MD Regenerative Medicine Specialist

Helping patients alleviate sports injuries and arthritis pain for over 20 years.



239.303.4069

# **Easter Services** At New Hope Presbyterian

veryone is invited to celebrate the resurrection of Jesus at New Hope Presbyterian Church on Sunday, March 27, at one of four Easter worship services: 6:30, 8, 9:30 and 11 a.m.
The 6:30 a.m. Sunrise Service will be

held on the front patio of the church. A free pancake and sausage breakfast will be served after the service at  $7:15\ a.m.$  in Fellowship Hall. Please RSVP to the breakfast by calling the church office at 274-1230.

The 8 and 9:30 a.m. traditional services will be held in the sanctuary. Under the direction of traditional music director, Benjamin Ball, the New Hope Singers will be accompanied by the organ.

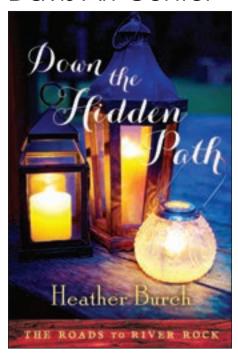
The 11 a.m. contemporary service will also be held in the sanctuary. New Hope's contemporary music director, Kevin Kenworthy, and the Praise Team will sing a variety of contemporary music favorites. Senior Pastor Eddie Spencer will speak at all four services.

New Hope Presbyterian Church (EPC) is a reformed church that seeks to obey the Great Commission through family ministry, worship, instruction and service. New Hope is located at 3825 McGregor Boulevard, Fort Myers, just two blocks south of Fort Myers Country Club. Sunday worship services are held at 8 and 9:30 a.m. (traditional) and 11 a.m. (contemporary).

Sunday morning classes are available for adults, youth and children. Nursery care is provided. For more information, contact the New Hope church office at 274-1230 or visit their website at www. newhopefortmyers.org.☆

Send your editorial copy to: press@riverweekly.com

# April At The Davis Art Center



Down The Hidden Path by Heather Burch

ne of the most influential artists of the last century, Robert Rauschenberg, Bob to his family and friends, was vastly prolific and collaborative. His impact still reverberates throughout the area on the artists that collaborated with him. An inaugural invitational exhibit on April 1 showcases artwork of his work family, including artists Jonas Stirner and Lawrence Voytek. Titled Beautiful Accident: The Influence of Rauschenberg, takes place from 6 to 10 p.m. during Art Walk, April 8 – Fort Myers Film Festival

The sixth annual Fort Myers Film Festival creates and showcases the finest artistic cinematic works and has featured hundreds of local filmmakers and Indie

The film fest will screen 70 films, including the Southwest premiere of the documentary Maya Angelou and Still I Rise, by Bob Hercules and Rita Coburn Whack, who plan on attending. The documentary, played only at Sundance before the Fort Myers Film Festival, takes an intimate look at the celebrated author's early years from a tumultuous



The music of John Cage is on April 22

childhood riddled sexual abuse and racism, to her ascent as one of the most celebrated and inspirational figures of our era with Diahann Carroll, Hillary Clinton, Bill Clinton, Common, Jules Feiffer, Nikki Giovanni, Lou Gossett Jr., Guy B. Johnson, Quincy Jones, Robert Loomis, Dan Martin, Louise Meriwether, Valerie Simpson, John Singleton, Cicely Tyson and Oprah Winfrey featured.

The festival runs April 7 to 10. Opening night will be hosted by the Barbara B Mann Performing Arts Hall. Visit www.fortmyersfilmfestival.com for complete event information, schedules,

and ticketing.

April 11 – Author Lecture and Lunch Series, Heather Burch

A lunch and lecture with a best-selling critically acclaimed author.

Burch's young adult fiction and epic love stories have garnered praise from USA Today, Publisher's Weekly, Booklist Magazine, and Romantic Times. Her novel One Lavender Ribbon was one of Amazon Kindle's top 100 bestselling books for 2014. Burch has seven published novels and is under contract for two more this year. The lunch is fron noon to 2 p.m. Tickets are \$35 and tables are available.

Call 333-1933 or visit www.sbdac. com for more information.

April 14 - Connect Networking Expand business and personal relationships, connect in your community. Held

the second Thursday of every month from 5:30 to 7:30 p.m. Admission is \$10 and includes raffle prizes and appetizers

April 19 – Art Talk Tuesday & Closing Party

Beautiful Accident: The Influence of Rauschenberg is from 6 to 8 p.m. Meet the artists and join them for a walk and talk about the exhibited artwork, learn about different mediums and see what inspires and evokes the artist to create. General admission is \$5.

April 22 - Chamber Music Series, The Music of John Cage

Friend, collaborator and influencer of Rauschenberg, Cage is one of the most notable avant-garde composers of the 20th century. According to Cage, music is "an affirmation of life – not an attempt to bring order out of chaos nor to suggest improvements in creation, but simply a way of waking up to the very life we're living." This concert explores the breadth of his oeuvre. Cocktails are at 7 p.m. and the concert is at 8 p.m. Tickets are \$25 in advance and tables are available.

Call 333-1933 or visit www.sbdac. com for tickets.

April 28 – Art & Poetry Networking

Gulf Coast Leisure presents art and poetry networking, showcasing the best Southwest Florida has to offer. Artwork of every media is represented as well as music, spoken word, poetry and crafts. Network with like-minded people and expand the artistic community.

Held monthly on the fourth Thursday at 8 p.m. General admission is \$10. Call 333-1933 or visit www.sbdac.com for more information.

April 29 to 30 – Smoke on the Water Barbecue Competition & Music

Tthe third annual Florida Bar-B-Que Association-sanctioned barbecue competition and music festival features teams from across the Southeast preparing their most succulent barbecue in hopes of winning the grand prize. Beer and local bands are also part of the festival. Hours are April 29 from 6 to 10 p.m. and April 30 from 11 a.m. to 10 p.m. Admission

For more information or to enter the competition visit www.sbdac.com/ smoke2016.

The Sidney & Berne Davis Art Center is 

From page 1

# **ACT April Exhibit**

spent living in a small southern California desert town called Palmdale and he spent most of his teenage years in Orange County. Quiros attended OTIS College of Art and Design in Los Angeles, with a semester abroad spent in Rotterdam, Netherlands at the Willem de Kooning Academy. Dutch architecture, graphic design, illustration, and street art soon became sources of inspiration.

He graduated with a bachelors degree in fine arts (focused on illustration) and took on a variety of odd jobs as both a graphic designer and illustrator until deciding to focus on gallery work. In 2008 Quiros rapidly developed severe psychotic symptoms as a result of what was later diagnosed as being a combination of schizophrenia and bipolar disorder. The illness stunted his ability to focus and ultimately led to a three-year hiatus. In 2009, was living with his family in Fort Myers while continuing to experience vivid hallucinations and hyper-spiritual delusions. In 2011, doctors managed to stabilize him and he began sketching, drawing and, ultimately, painting again. He began exhibiting his work in Miami at Gallery 212, marking the beginning of his career in the world of pop surrealism and fine art illustration.

In the Small Gallery, T-Shirt Kids consists of portraits by Vicki Baker and art by Claudia

Baker is an impressionistic artist from Astoria, Oregon. She and her husband have wintered on a houseboat in Fort Myers for the past 16 years. She is an avid painter and printmaker and a member of various local art groups in Fort Myers and in Oregon. Her acrylic paintings and monotypes are in private collections in the USA and Europe. Her current show is a series of acrylic portraits inspired by her years as an elementary school teacher.

Claudia is passionate about all areas of creative arts and has been doing art since the age of five. Collage was her medium of choice until recently when she took a drawing/painting class on surrealism with Victor Flores. Now she infuses her drawings, paintings and collages with a dreamlike quality filled with surrealistic symbolism using paint, paper, photos and found objects. She now studies with realism artist Terry Lynn Spry to gain more knowledge of the play of light in art.

All sales benefit Abuse Counseling and Treatment, Inc., the domestic violence, sexual assault and human trafficking center and local artists.

The gallery is at 2265 First Street. downtown Fort Myers.☆

### Volunteer Fair

ommunity Cooperative will host a volunteer fair on Wednesday, March 30 from 3 to 5 p.m. in its Community Café, located at 2429 Dr. Martin Luther King Jr. Boulevard.

Past, present and future volunteers are invited to attend to learn more about current volunteer opportunities within the organization. United Way of Lee, Hendry, Glades and Okeechobee counties, Pace Center for Girls Inc., Quality of Life Center and Child Care of Southwest Florida, Inc. will also have displays at the

For more information, contact Nicole Rieg at Nicole@CommunityCooperative. com or at 332-7687 ext. 101.

A proud United Way partner, Community Cooperative serves Fort Myers and the greater Lee County area, including Bonita Springs, Cape Coral, Lehigh Acres and Fort Myers Beach. Community Cooperative works in close partnership with The Harry Chapin Food Bank and The School District of Lee County as well as collaborating with fellow community groups, churches and 



# Gala Raises Thousands For Memory Care Programming



Cypress Cove at HealthPark Florida Chairman Carl Barraco spoke Saturday evening to a packed house at the 5th annual Cypress Cove Gala

The 5th annual Cypress Cove Gala on March 12, themed A Sparkling Occasion, raised tens of thousands of dollars to benefit innovative therapeutic memory care programming at its soon-to-open state-of-the-art facility, The Cottage at Cypress Cove

Peter Busch, NBC-2 evening anchor and emcee, announced the fundraising success to a standing-room-only crowd during the activities held on Cypress Cove's 48-acre continuing care retirement community.

"We're thrilled with the outpouring of generosity from our gala patrons," said Cypress Cove Executive Director Michele Wasserlauf. "Funds raised this year will play an important role in our plans to deliver new cutting-edge therapeutic programming concepts to improve the quality of life for residents with Alzheimer's or other forms of

Earlier, Wasserlauf was joined by Cypress Cove Board of Directors Chairman Carl Barraco and Lee FP, Inc. President Doug Dodson in thanking gala goers for their current and past support in making the creation of The Cottage a reality. "We are creating a home, not an institution," said Dodson, "and delivering the very best in design

Cypress Cove's memory care residence, The Cottage, will feature a two-story, four household facility providing a home-like living environment with private suites for 44 residents. A variety of stimulating cutting-edge programming and several first-time and innovative memory care building features will be introduced when the new facility

Sapphire sponsor for this year's gala was nationally recognized GMK Interiors of Columbia, South Carolina, who has designed The Cottage's interior, featuring personalized home-like settings within each of the facility's four households.

# Upcoming Events At The Alliance

ne Alliance for the Arts announces its upcoming schedule of events. • GreenMarket is every Saturday

from 9 a.m. to 1 p.m. Free outdoor yoga session begins at 9:30 a.m.
• Artists@Work Series at the Fort Myers Regional Library in downtown's River District. Free artist demos every Wednesday in March and April from 1 to 3 p.m.

• Musical Discovery Series: Woodwinds on Saturday, March 26 at 10:30 a.m. Free. Presented outside during GreenMarket in partnership with Gulf Coast Symphony.

• Spring Fever Arts Camp. 5-day session from March 28 to April 1 from 9 a.m. to 4 p.m. \$185. Presented in partnership with Florida Repertory Theatre.

• Spring Art Affair (offsite at the Bell

Tower Shops). April 2 from 10 a.m. to 6

p.m. Free.

• BBQ Bands and Brew 2016. Sunday, April 3 from 11 a.m. to 6:30 p.m. Blankets, lawn chairs and coolers are encouraged. Presented by Lee Builders Care.

 The Future of Art Elementary and Middle School Opening Reception on Wednesday, April 6 at 5 p.m.

• Poetry Open Mic. Thursday, April 7 from 7 to 9 p.m. Free to attend. The atmosphere will be casual and fun for all ages to attend.

• Fort Myers Film Festival Screening. Friday, April 8 from 10 a.m. to 5 p.m. \$5 suggested donation.

Outdoor Family Movie Night. – The Peanuts Movie on Friday, April 15 at

8:15 p.m. \$5 suggested family donation.

• Member Gallery Book Club. A Clearing in the Distance by Witold Rybczynski on Tuesday, April 19 at 6:30 p.m. Free for current Alliance members.

• The Future of Art – High School Opening Reception on Wednesday, April 20 at 5 p.m.

• Musical Discovery Series: Strings on Saturday, April 23 at 10:30 a.m. Free. Presented outside during GreenMarket. Presented in partnership with Gulf Coast Symphony.

Alliance for the Arts is located at 10091 McGregor Boulevard, Fort Myers near the Colonial Boulevard intersection. For more information, go to www.artinlee.org or call 939-2787.☆



There was plenty of dancing at the gala



Hundreds of party-goers attended Cypress Cove's gala. Proceeds went to support therapeutic program activities at The Cottage, the community's newest memory care facility. The Cottage is expected to open this summer.



Our April concert will be a musical journey through 15 years of music making in Southwest Florida. We will tell our story through music, pictures and special guests.

Visit our website for information on purchasing tickets and our full season schedule. www.mastersingsfm.com



# Twins GM Vows To Make The Media And Baseball Critics Believers In His Team



by Ed Frank

here were few, including you, that thought we were playoff contenders at the start of last season and we proved them wrong. And the same is probably true this year.

Thus began an interview recently with Terry Ryan, the shrewd, long-time general manager of the Minnesota Twins, considered one of the best in baseball.

You will recall that the Twins battled for a playoff slot until the last weekend of the 2015 season in what many considered the surprise team of the year. The 83-win season, up from 70 in 2014, earned first-year manager Paul Molitor, the Manager of

the Year Award by Sporting News.

"We have depth, youth and we're in pretty good shape," Ryan said. But he emphasized, as he did a year ago, that he won't be satisfied, and he won't consider it a successful season unless the Twins reach postseason play.

The infield and starting rotation are set, according to Ryan, but the outfield, while young and talented, remains a question mark during this preseason.

Second-year sensation Miquel Sano is learning the right field position after playing third base in the minors. Called up last year at midseason, he blasted 17 home runs and drove in 50 runs in just 80 games.

Center field is likely to be manned by multi-talented rookie Byron Buxton, who is rated baseball's No. 1 or No. 2 prospect by most baseball rating authorities.

Left fielder Eddie Rosario, who played here for the Fort Myers Miracle as recent as 2014, made his Major League debut last year, hitting .267 in 122 games played.

Ryan made no secret of the fact that the Twins will miss the leadership both on the field and in the clubhouse of five-time All-Star Torri Hunter, who retired at the end of last season, capping a 19-year Major League career, 13 with the Twins. As a center and right fielder, Hunter was a Gold Glove recipient nine consecutive years, and even in his final season drove in 81 runs and hit 22 home runs.

During the off-season, Ryan acquired Korean Byung Ho Park who will be the designated hitter - a move that should add considerable power to the lineup. Park, in 140 games last year for Nexen in Japan, knocked in 146 runs and belted 53 home runs.

The GM was gueried on the status of former American League batting champion and MVP Joe Mauer, who has three years remaining on his eight-year, \$184 million contract; the most ever paid a catcher at the time of signing. A serious concussion

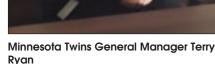
forced the Twins to shift him to first base

At \$23 million a year, Maurer's contract consumes nearly one-quarter of the team's estimated payroll of about \$100 million. (It was \$109 million in 2015.)

Ryan said strikeouts (112) were a problem for Mauer last year, but he nevertheless led the team in hitting .352 with runners in scoring position. The left-handed hitting Mauer also hit a respectable .267 against left-handed pitching.

Ryan's major off-season trade sent outfielder Aaron Hicks, a former first round draft pick, to the New York Yankees for catcher John Ryan Murphy, just 24 years old, who hit .277 last year in his first full Major League season. He will likely serve as back-up catcher to Kurt Suzuki.

The ultra-competitive five-team American League Central Division includes, of course, the World Champion Kansas City Royals. Ryan said some believe all five teams could finish either first or last in the



As for the Twins, Ryan reiterated that

83 victories last year, a big improvement over four straight seasons of 90-plus losses, "is not good enough.

He won't be satisfied until his team reaches post-season play "and then maybe you guys (the media) will begin to believe how good we are," he said smiling.

# Spring Training Home Schedules

Boston Red Sox - jetBlue Stadium

Thursday, March 24 - New York Mets; 1:05 p.m. Friday, March 25 – Pittsburgh Pirates; 6:05 p.m. Sunday, March 27 – Philadelphia Phillies; 1:05 p.m. Monday, March 28 – Baltimore Orioles; 1:05 p.m.

Minnesota Twins - Hammond Stadium Saturday, March 26 - Pittsburgh Pirates; 1:05 p.m. Tuesday, March 29 – Boston Red Sox; 1:05 p.m. Wednesday, March 30 – Toronto Blue Jays; 1:05 p.m. Thursday, March 31 – Boston Red Sox; 1:05 p.m.

# Bicycle Grant Will Help At-Risk Kids

s part of its \$300,000 grant to the FutureMakers Coalition, Lathe Richard M. Schulze Family Foundation has funded \$5,890 to the iWill Mentorship Foundation (IWMF) for the purchase of an industrial trailer for transportation of youth bikes for community bike rides and bike repair clinics within the Fort Myers neighborhoods with at-risk youth.

The IWMF is teaming up with the Fort Myers Police Department, community youth organizations and local churches to promote prevention of violence and unity in the community.

IWMF is reconditioning used bicycles for local youth to ride along with Fort Myers police officers on bike patrol in their neighborhoods.

"The highly visible but friendly law enforcement presence in at-risk communities provides a healthy atmosphere where youth can spend evening hours with officers, building positive relationships and respect," said Jesse Bryson, president of the IWMF.

According to Bryson, the trailer was an essential piece to the plan so that it can secure the bicycles and transport them easily to the neighborhoods, helping to better engage with the youth.

During the clinics, teens will work alongside mentors learning how to recondition the used bikes as well as be exposed to several career opportunities. Unbeknownst to the teens, at the end of the program, the repaired bikes will be given as gifts to those in need.

'This trailer donation was an easy decision for us," said Mary Beth Geier, Florida region coordinator of the Richard M. Schulze Family Foundation. "It's not about the trailer but about what the trailer does - it helps this group of mentors get to work impacting the neighborhoods and communities they wish to serve.

The IWMF is working in the Dunbar community to build skills, aspirations, community trust and engagement among the youth residing there in hopes of connecting the them with mentors and law enforcement who will provide STEM skills and career exposure, according to Tessa LeSage, director of social innovation and sustainability for the Southwest Florida Community Foundation, the backbone organization for FutureMakers Coalition.

This is grassroots FutureMakers work at its very finest," LeSage said of the iWill Mentorship Foundation. "These FutureMakers partners saw the need and found a creative and effective way to fill it with high hopes of changing lives, reducing crime and establishing an opportunity to meet shared goals in their neighborhoods."

LeSage said she hopes others will contribute by volunteering to assist with bike repairs, participating in a ride or becoming a sponsor.

"One thousand dollars will sponsor bikes for 10 youth, and \$3,000 will sponsor 30 bikes," added Bryson.

Bike repair clinics are scheduled for Saturday, May 21, August 20 and December 10. All clinics will take place at Schwinn Cyclery, 3630 South Cleveland Avenue, Fort Myers.

All community bike rides will take place on Wednesdays from 5 to 6 p.m. on May 25 at The Church of Jesus Christ of Latter-day Saints, 3105 Broadway, Fort Myers; August 24 at Rosa De Saron Assembly of God, 13235 Palm Beach Boulevard, Fort Myers; and December 14 at Good News Baptist Church of Pine Manor, 1650 Oak Drive, Fort Myers.

The Richard M. Schulze Family Foundation was created in 2004 by Best Buy founder Dick Schulze, a Southwest Florida resident. It supports education, human services, health and medical research, and transformational entrepreneurship.

For more information, visit www. FutureMakersCoalition.com, call 274-5900 or email Tessa LeSage at TLeSage@floridacommunity.com.

# Nominations For Distinguished Entrepreneur

Norida Small Business Development Center at Florida Gulf Coast University is accepting nominations for the 2016 Distinguished Entrepreneur of Southwest Florida. Area business owners who have overcome obstacles, discovered new technologies to help grow their business, or dedicated themselves to helping other small businesses through mentorship and civic leadership are encouraged to submit applications.

Additional awards this year include Distinguished Small Business Advocate and Distinguished Innovator of the Year. There are prizes, including radio time and press coverage, for the three awardees. The application deadline is March 31. Find out more and apply online at www.fsbdcswfl.org/de2016. The awards ceremony will be held May 18 from 5:30 p.m. to 8 p.m. at Harborside Event Center in Fort Myers. Sponsorship opportunities are still available.

Contact Amanda Stirn at astirn@fgcu. edu or 745-3706 for more information. 公



Best of Show winner Fiona Dowling with Greg Pasanen, Suncoast Credit Union, left, and her parents, Mr. and Mrs. Dowling

# Winners Of Art **Under 20 Awards**

rtFest Fort Myers awarded \$7,400 in prizes to Lee County high school students at the Art Under 20 Award reception, held at the Harborside Event Center in Fort Myers on February 29.

This year, students representing 18 Lee County high schools entered 293 pieces of artwork. Their art was exhibited at the fine art festival the first weekend in February and was previewed by thousands of festival patrons.

The judges were Janice Grau and Todd Babb. Greg Pasanen, Suncoast Credit Union regional vice president, presented the award checks to the winning students.

The cash award levels were \$900 for Best of Show, \$400 for first place, \$200 for second place, \$100 for third place and \$50 for honorable mention. Festival attendees voted for the People's Choice winner, resulting in a \$300 cash award. The Fewster Family Scholarship Award and The Ikki Matsumoto Award were each \$500. The Bruce Tyson AIA Award was \$100.

Results:

Best Of Show, Fiona Dowling, Fort

From page 1

# Shell Point Charity Concert

of NBC's TV program The Sing-Off, the 2012 box office movie hit Pitch Perfect and its high-performing soundtrack, and the rise of Grammy Award-winning pop group Pentatonix.

Now, fans in Southwest Florida can support The A Cappella Group, a team of 23 pitch-perfect singers from Cypress Lake High School. The singers recently scored a coveted spot to compete at the International Champions High School A Cappella Finals in New York City.

The only catch? These Lee County teenagers need help from hometown supporters to reach the Big Apple. "The students have been raising money since January, and it just isn't enough to cover the \$10,000 cost of this trip," said Gary Stroh, The A

Enter Shell Point Retirement Community, a resort-style retirement community of more than 2,400 seniors that includes an emphasis on music, the arts and intergenerational interaction as part of its regular lifestyle programming.

"Shell Point offered to throw a charity concert, letting the group showcase its talent for Southwest Florida," added Stroh. "We can't wait for the opportunity. And just think – to fill the 1,000 seat auditorium at \$10 per ticket means we'll be on our way to New York in no time!"

After the performance, guests can purchase CDs and mingle with the singers during a meet-and-greet reception. "You could not ask for a more perfect opportunity for interaction," said Shell Point's resort services manager Heather Battey. "Plus, qualifying for an elite international championship speaks to the caliber of these young musicians, and we want to see them take their rightful place on big

Tickets cost \$10, and every penny will be donated directly to meet the group's \$10,000 bill for their upcoming International Champions High School A Cappella Finals in late April. After the performance, purchase CDs and mingle with the singers during a special meet-and-greet reception. For more information about this event, call 454-2290.

Shell Point Retirement Community is located at 15101 Shell Point Boulevard in Fort Myers, approximately two miles from the Sanibel Causeway.

Myers High School.

Photography, 1st, Grace Speas, Fort Myers High, 2nd, Katelynn Heinkel, Riverdale High, 3rd, Kylie Corey, Fort Myers High.

Painting, 1st: Savanna Tennant, Cypress Lake High, 2nd, Tricia Shamburger, Cypress Lake High.
Drawing, 1st, Raja Albahou, South

Fort Myers High, 2nd: Melisssa Leone, Canterbury School, 3rd, Stephanie Boyd, Mariner High.

3-Dimensional, 1st: Hannah Trusiewicz, Mariner High, 2nd, Megan Gerst, Lehigh High, 3rd, Ava Yee, Estero High.

Mixed media, 1st, Rachel Hujsa, Fort Myers High, 2nd, Amalia Smith, Dunbar High, 3rd, Rebecca Casimir, Cypress Lake High.

Digital, 1st, Mallory Pollock, Canterbury School, 2nd, Pamela McCabe, Mariner High, 3rd, Ralph Lehnert, Canterbury School.

People's Choice. Peyton Hornung,

Canterbury School.

Fewster Family Scholarship Award, Elijah Benzon, Canterbury School.

Ikki Matsumoto Award, Jade Buohler, Lehigh High.

Bruce Tyson Aia Award. Chelsea Christopher, Riverdale High.

Honorable mentions, Sierra Martin, Riverdale High, Stephanie Dickey, Fort Myers High, Yevheniya Krasynska, Cape Coral High, Katelynn Coate, Lehigh High, Alexis Slobodzian, Fort Myers High, Andrea Mains, North Fort Myers High School, Kelly Walker, Cypress Lake High, Hannah Eberz, North Fort Myers High, Gracie Wright, Cape Coral High, Alexzandria Fornal, Cape Coral High, Riley Hare, Island Coast High, Inka Schultz, Mariner High, Taylor Kent, Fort Myers High, Elieser De Diego, North Fort Myers High, Nolan Nowak, Cypress Lake High, Zhengbal Xia, Canterbury School, Isaac Bender, Cypress Lake High and Phillip Almeida, North Fort Myers High. 以

# Martinez Show At ArtLab Gallery



Andres Martinez Jr., Bars 2015

GCU ArtLab Gallery opens Escuchala, La Ciudad Respirando (Listen, the City is Breathing), a solo exhibition by Andres Martinez Jr. that will run from March 31 to April

28 in the ArtLab Gallery of the Bower School of Music & the Arts at Florida Gulf Coast University (FGCU).

At the opening on Thursday, March 31 at 5 p.m. there will be an introduction by the artist followed by a reception until 7 p.m. At 6 p.m., FGCU writing students will hold an open mic session with readings based on the exhibition, which is sponsored in part by The Beaches of Fort Myers and Sanibel and WGCU Public

Martinez Jr. says he is inspired by the city, which provides him with the materials he needs to capture its essence. His spiritual upbringing combined with his artistic practice, deepens his connection with the urban environment as he transforms everyday objects by integrating them into assemblages. These assemblages become totems that resonate with the songs Martinez has been singing for as long as he can remember.

The ArtLab Gallery is at the west side of the library building on FGCU's main campus at 10501 FGCU Boulevard South. Parking is available in Lot 7 for gallery visitors; parking passes may be obtained at the information booth at the university's main entrance. Regular viewing hours are 10 a.m. to 4 p.m. Monday through Wednesday and Friday; 10 a.m. to 7 p.m. Thursday.☆



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# Fischler Property Closing In The Historic Earnhardt Building



The Earnhardt Building in downtown Fort Myers

ischler Property Company recently negotiated the sale of three commercial condominium units in the storied Earnhardt Building in downtown Fort Myers. The combined square footage of the three units is 5,340, and plans call for all to be fully occupied.

According to the firm's founder Phil Fischler, the \$300-per-square-foot sales price is evidence of the market's strength and robust appetite for premier assets in downtown

"Downtown's entertainment row is commanding a premium, "Fischler said. "This is an irreplaceable asset, and investors and tenants alike are showing a strong desire for this type of stabilized, urban, walk-able, commercial property. The River District has become the entertainment and dining center for much of Fort Myers, and we are seeing a number of interesting residential and commercial development opportunities on the horizon - that will further support the River District's dynamic growth and reinforce its sustainability.

Fischler added that American cities are witnessing a renaissance, of sorts, as people migrate to downtown areas, and Southwest Florida is seeing more and more evidence of this reurbanization locally.

Whether it's for investment, entertainment or residence, there is an increasing appeal to be in thriving cities," he said. "We don't see that trend shifting any time

Fischler Property Company is a commercial real estate firm focused on investment, infill and redevelopment across Southwest Florida's urban centers.

For more information, visit www.fischlerco.com or call 895-1060.



# Community Foundation Awards \$551,500 In Local Impact Grants



Eighteen local non-profits were granted a total of \$551,500 by the Southwest Florida **Community Foundation** 

he Southwest Florida Community Foundation announced that it has awarded \$551,500 to both established and new programs that are designed to increase the quality of life in sustainable and equitable ways for Southwest

Eighteen local non-profits were granted money from the foundation's available Field of Interest funds, as well as individual and corporate donations resulting from the foundation's Shark Tank audience.

The non-profits include Alzheimer's Disease and Related Disorders Association -Florida Gulf Coast Chapter, Champions for Learning, Charlotte County Homeless Coalition, Inc., Clinic for the Rehabilitation of Wildlife, Inc. (CROW), Family Initiative Incorporated, Glades County Board of County Commissioners, Goodwill Industries of Southwest Florida, Inc., Gulf Coast Symphony, Gulfshore Opera, Hendry County Library System, I Will Mentorship Foundation, Lee County Alliance for the Arts, Naples Botanical Garden, New Mission Systems International, Redlands Christian Migrant Association (RCMA), The Heights Center, The Immokalee Foundation and Gulf Coast Humane Society.

Some examples of the regional funding include Phase 3 of the Food Connection Project by the Charlotte County Homeless Coalition, Inc. The training of this phase will be specifically to build each partners capacity to provide targeted case management. The Food Connection's ultimate goal is to increase independence and food security for local families while decreasing dependence on community resources.

The Hendry County Library System is being funded to strategically add to its outreach programs to daycare and preschool centers, incorporating the services of six qualified teachers for their tutoring of elementary students as well as preschoolers in LaBelle. The libraries will seek to further develop the idea of family literacy centers started last school year by incorporating the Every Child Ready To Read parent-instruction program in each library. Parents of children older than 5 years old will be exposed to materials that help them improve their child's early reading skills through talking, singing, reading and writing by a trained professional.

Naples Botanical Garden's collaborative workforce development program for atrisk, high-school students was awarded a grant to meet the challenge of diversifying career opportunities and assisting in the transition to adulthood while achieving economic self-sufficiency. The nonprofit is working with the Collier County Public Schools Exceptional Student Education department on the need for more diverse career experiences for high-school students identified as at-risk.

In Lee County, Gulf Coast Symphony's free Music Works! program at the Heights Center provides an innovative educational and social initiative that creates opportunities for personal development in children - kindergarten through second grade through the study of music.

The Glades County Regional Training Center was awarded a grant to be used to install an essential telecommunications network to the Center including Wi-Fi and Internet so that training classes may begin. The new 40,000-square-foot Training Center represents the future for Glades and Hendry residents to improve their job outlook and marketability by training for state and national certifications needed by companies throughout Southwest Florida and the Heartland region.

"Awarding this funding is just the start of our partnership with this regional mix of nonprofits," said Sarah Owen, president and CEO of the Community Foundation. "We will stay connected with each nonoprofit all year in a learning community where we share information to help build their capacity to strengthen their organizations and

For more information about the Southwest Florida Community Foundation, call 274-5900 or visit www.floridacommunity.com.

Our email address is press@riverweekly.com

**Financial Focus** 

# Is Your 'Financial Umbrella' In Place?



by Jennifer Basey

pril showers may bring May flowers, but March is National Umbrella Month. While ranking high on the list of truly obscure celebrations, this month can still teach us a

few things – especially if we think about umbrellas that can help us protect our financial goals.

Consider these key areas:

 Your vulnerability to emergencies – It's a good idea to maintain an emergen-

cy fund containing three to six months' worth of living expenses. Without such a fund, you may need to dip into your longterm investments to pay for unexpected, and unexpectedly large, expenses such as a new furnace or a big bill from the doctor. You'll want to keep your emergency fund in a liquid, low-risk account.

• Your family's financial situation – If something happened to you, how would your loved ones be affected? Would your family be able to stay in your house? Could your children eventually go to college? Would your surviving spouse have enough retirement income to maintain the lifestyle he or she has envisioned? Having adequate life insurance in place can help ensure that all your hopes and plans don't fall apart upon your passing. Different types of life insurance offer different features. For example, "term" insurance, as its name suggests, is designed to provide a death benefit for a certain number of years. On the other hand, "permanent" insurance, such as whole life or universal life, can be kept in force indefinitely. This type of coverage may also offer a cash value component.

• Your current income — If an illness or injury keeps you out of work, even for a little while, the loss of income could disrupt your family's ability to pay its bills, leading to potentially big problems down the road. Your employer may offer some type of disability insurance as an employee benefit, but the coverage may be insufficient. So you may want to consider purchasing an individual disability policy.

• Your ability to live independently – If you're fortunate, you may never need to spend time in a nursing home or require any other type of long-term care. But no one can predict the future and it pays to be prepared, because long-term care costs can be catastrophic. In fact, the annual average cost for a private room in a nursing home is more than \$90,000, according to the 2015 Cost of Care Survey produced by Genworth, a financial services company. A financial professional can help you find an appropriate way of paying for these types of costs.

 Your capacity to protect your biggest assets - Your home is probably going to be the biggest asset you ever own so you need to protect it properly, with adequate homeowners insurance. It's also important to have sufficient insurance for your other major assets, such as your car, boat

• Your exposure to property loss or liability - You may someday face costs associated with repairing or replacing your home, auto or boat, or even liabilityrelated expenses. Additional liability insurance – known as an "umbrella" policy –is designed to kick in when your standard coverage on other policies, such as home or auto, has been exhausted.

The sun may be shining in your life today but it's always wise to be prepared for the proverbial "rainy day." So have your umbrellas ready.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at 

# Advances In A-Fib Treatment And Sleep Apnea At Healthy Life Center

aul DiGiorgi, MD, cardiothoracic surgeon, Anuj Agarwal, MD, electrophysiologist, and Javaad Khan, MD, sleep medicine specialist, will present the latest advances in cardiac a-fib and sleep apnea during April at Lee Memorial Health System's Healthy Life Center at Coconut Point Mall.

Experience healthier living through these and other educational events and programs offered throughout the month of April:

Monday, April 4, 3 to 4 p.m. – Advances in Treatment of AFib
Wednesday, April 13, 11 a.m. to noon – Diabetes Cooking Demo: Manage glucose levels using beans and lentils in your diet.

 Friday, April 29, 11 a.m. to 1:30 p.m. – Obstructive Sleep Apnea, diagnosis and treatment lecture and assessment

Other events throughout April include Stress Management and Heart Disease; Walking Your Way To Wellness; Pet Health and Nutrition; Yoga For Seniors; Osteopathic Approach To Spine Care; Alternative Treatments For Diabetes; Interactive Brain Training; Hula Hoop Fitness Class; Menopause: What Your Mama Didn't Tell You; Stress In Today's World; Osteoporosis: Preventing Broken Bones and Preserving Independence; and more.

For the full calendar of events, visit www.LeeMemorial.org/HealthyLifeCenter. The Healthy Life Center, located at 23190 Fashion Drive, Suite 105 in Estero, provides a variety of services and educational events that support healthy lifestyles, early detection of disease and chronic disease management - programming dedicated to maintaining and improving health.

For more information or to RSVP, call 495-4475 or email HealthyLifeCenter@ 

# Gulf Coast Village's Wellness Expo

ulf Coast Village, a continuing care retirement community in Cape Coral, invites the public to join a day of fun and fitness at its 8th annual Wellness Expo on Wednesday, March 30 from 1:30 to 4 p.m. at the Gulf Coast Village Auditorium. The theme of this year's event is Zumba – Move To The Music, which will feature a variety of vendors, glow party entertainment, group exercise Zumba demonstrations with residents and employees, and a special skit for guests

'Fitness is key to maintaining independence and functionality as we age, and our team at Gulf Coast Village encourages the community to come together to raise awareness of the need for exercise as our bodies mature," said Melissa Wallace, wellness director at Gulf Coast Village. "The 'glow party' theme of this year's event is a great occasion to focus on fitness in a fun and friendly atmosphere, and is also a great, pressure-free opportunity for adults who are searching for a senior living community to visit the property and enjoy an afternoon socializing with current residents.

Ğulf Coast Village is located at 1333 Santa Barbara Boulevard in Cape Coral. For more information, call 772-1333 or visit www.GulfCoastVillage.com.

### School Smart



by Shelley M. Greggs, NCSP

Shelley, My second grade daughter will be going to a new school soon where they have lockdown procedures and practices in place. This will

be a new experience for her. How can I prepare her for these practices so she doesn't become fearful?

Melina L., Fort Myers, Florida

Practicing a plan to keep everyone safe can actually make children feel more confident. If you can get ahead of the anxiety when you're dealing with something potentially frightening, kids

will feel more in control. They'll feel a sense of competence. They'll know that the teachers have a plan, and the whole thing can make them feel quite safe.

Tell her that the whole school will practice from time to time because everyone wants the whole school to stay safe. As a whole school program, the message is that everyone is taking part in this, we're strong and competent and we can handle it.

You need to emphasize to your daughter that there is a low probability that a stranger would come into the school who doesn't belong there, and who would want to hurt her. Point out how the plan and practice will make the situation and her safe. Avoiding the topic is not a good idea, because avoidance maintains anxiety. For any kids who do have anxiety about a school shooting, not talking about it just adds to increase the avoidance that maintains that anxiety. So you want to talk about

The tone of voice and manner in which you communicate is important. You want to do it in an easy matter, and talk about it with a lot of confidence and competence. Kids are great at picking up non-verbal cues so be calm when you discuss this.

In terms of how explicit you should be, use common sense. Don't talk in code or use odd euphemisms that can make a child's imagination go wild. On the other hand, you also don't want to plant images in her head. You want to strike the right balance.

Tell your daughter that you agree with her school and teachers about lockdown practice. You might want to say that if someone wanted to hurt the school, students or teachers, the school wouldn't stand for that. So they have a plan to prevent that from happening. A lot of the message is in the delivery: Your school is being extra careful here, but with this plan, they are confident that everyone is going to stay safe.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@ gmail.com. Not all questions submitted can be addressed through this publica-

Share your community news with us. Call 415-7732, Fax: 415-7702 or email press@riverweekly.com

# **April Concerts** At Shell Point



Vocalist Sarah Pfisterer is featuring in Something Wonderful on April 5

hell Point Retirement Community has announced several performances for the month of April. The concerts take place at The Village Church and are open to the public. Fine and Performing Arts Series

Something Wonderful: The Music of Rodgers and Hammerstein

Tuesday, April 5 at 7:30 p.m. Join Shell Point for a riveting concert as Broadway stars Sarah Pfisterer and Sean MacLaughlin present a lively tribute to the music of Rodgers and Hammerstein. Celebrate the music of these two legendary men, with songs from their celebrated collaborations: South Pacific, The Sound of Music, State Fair, The King and I, Carousel and Oklahoma. Tickets cost \$35. For more information and to purchase tickets, visit www.shellpoint.org/concerts or call 454-2067.

# Charity Concert: The A Cappella

Friday, April 15 at 7:15 p.m.



Sean MacLaughlin is also a vocalist in Something Wonderful

The A Cappella Group, comprised of 23 award-winning students from Cypress Lake High School, recently scored a coveted spot to compete at the International Champions High School A Cappella Finals in New York City. The talented A Cappella Group is fundraising \$10,000 to cover travel costs, and you can support Lee County's own singing sensation by attending this performance, held in The Village Auditorium at Shell Point. \$10 tickets will be available at the door, and every cent directly supports the Southwest Florida students' bid for international fame. Call 454-2290 for more information.

# Season of Praise: Tenore, Men's

Sunday, April 17 at 6:15 p.m. Don't miss Tenore, a four-time Gospel Music Association Award-winning men's trio. Their story is one that has crisscrossed the globe, bringing their inspirational music and joy to fans around



Season of Praise: Tenore, Men's Trio will perform on April 17



The A Cappella Group is comprised of 23 award-winning students from Cypress Lake **High School** 

the world for the glory of God. The trio has sung to countless audiences, from Uganda to California. The group is known for their powerhouse vocals, charisma, and invitations with audiences everywhere to sing along with them, creating a powerful, inspiring concert

experience. Tickets cost \$10 and can be purchased online at www.shellpoint.org/ seasonofpraise or by calling 454-2147.

Shell Point Retirement Community is located at 15101 Shell Point Boulevard in Fort Myers, approximately two miles from the Sanibel Causeway. 🛠

# Mastersingers Celebrate 15 Years With Two Retrospective Concerts

he Fort Myers Symphonic Mastersingers will mark their 15-year anniversary with two comprehensive Retrospective Concerts on Sunday, April 3 featuring highlights from past seasons with full orchestra. The concerts are scheduled for 2 p.m. at the Faith Presbyterian Church in Cape Coral or at 7 p.m. at the Faith United Methodist Church in Fort Myers.

The program opens with the Kyrie from Mozart's Requiem, which was the first work ever performed by the Mastersingers. Hear excerpts from the Brahms' German Requiem, the opening of Orff's Carmina Burana, selections from Schubert's Mass in G, a movement from John Rutter's Gloria, patriotic selections including the Battle Hymn of the Republic and Nancy Hill Cobb's Cantate Domino from Threnody.

Nancy Hill Cobb, the former artistic director of the Mastersingers, will be a guest

The Mastersingers extend an invitation to anyone who has sung with Mastersingers in the past to attend and join in singing the Hallelujah Chorus from Handel's Messiah. Tickets are available online at http://mastersingerfm.com or from any Mastersinger.

The Fort Myers Symphonic Mastersingers is a select ensemble of singers who enjoy a reputation of musical excellence and are dedicated to the performance of significant choral works. Since forming in 2001, the Mastersingers have grown from a small chorus to an 80-plus voice ensemble of men and women dedicated to excellence in music. Each season the ensemble presents five to seven concerts in various venues in southwest Florida. Its soloists are nationally recognized professionals - either guests of the Mastersingers, or professionals within our own chorus. The ensemble is under the direction of artistic director Jeff Faux.

For more information, visit http://mastersingerfm.com.

#### Community Band Concert April 10 he Lee County Community Band will present its last concert of the season on April 10, featuring toe-tapping favorites by John Philip

Sousa, as well as well-known pieces by George Gershwin and Rodgers and Hammerstein. The 3 p.m. concert takes place at Cape Coral High School.

Program highlights include the Colonel Bogey March; Sousa's Songs of Grace and Glory and The Fairest of the Fair; selections from Porgy and Bess; Beguine Festival; Patriotic Sing-A-Long; and Dixieland Front and Center.

Cape Coral High School is located at 2300 Santa Barbara Boulevard, one block north of Veterans Parkway.

The band has a large, loyal, and enthusiastic audience. Admission is free, though donations are accepted.

The band is comprised of 60 musicians from all walks of life who reside in Lee, Collier, and Charlotte counties. The director is Richard Bradstreet; emcee



Richard Bradstreet, Director, Lee County Community Band, at a recent concert

and vocalist is Norman Jones. The band will resume rehearsals in October and perform its first concert of the 2016-17 season on November 13.

For more information, visit www. leecountyband.org or phone Norman Jones at 995-2097. A

# Councilman Graduates From Leadership Program

ouncilman Johnny W. Streets, Jr. from Fort Myers has graduated from the Institute for Elected Municipal Officials (IEMO) III: The Leadership Challenge. Developed in 2013, this program is a continuation of the IEMO, which was created as a way to educate newly-elected officials on the intricacies of municipal government in a cost-effective manner. A second level was created in 1994 as the Advanced Institute. The IEMO III leadership-based course is now offered annually by the league's training division, FLC University. A

deaRPharmacist

# Come On Baby, Light My Fire

by Suzy Cohen, RPh

ear Readers: There's plenty of ways to say you're not feeling frisky enough for sex, however, using excuse after excuse could be a sign of bigger hormonal problems that I can

help you with today. Over 40 percent of adult women experience low libido, and I think that's underreported. It's those blue diamonds that men want, meaning Viagra. But they don't often stop and think, "Does my girl want to do this too?" I mean, it looks so mutual in the commercials doesn't it?

But ladies, what if you don't feel frisky, and your man is revved up on

Ask yourself, do you take any medications? These can be a factor in crushing Cupid. Drugs that treat hypertension and depression can squash libido in a women in about two weeks flat. Estrogen medications namely birth control pills, patches and shots can do it too. Ironic as it sounds, these drugs damage you by reducing

otherwise healthy levels of testosterone, the hormone which ignites libido in both men and women.

As a pharmacist, I saw this time and time again... a woman taking birth control for six months and then suddenly there's no interest in sex, and worse, she has to start thyroid medicine and/or antidepressants. It's from the "drug mugger" effect on testosterone, as well as minerals that support thyroid and mood. This is a known fact. Everything I just said could be applied to estrogen-containing medications (creams, pills and patches) that are used for menopause. And menopause itself can make sex uncomfortable due to vaginal dryness.

Another factor is pregnancy and breastfeeding. The surge in hormones during this time in life can fluctuate drastically. One minute you are laughing and happy, the next minute you are a puddle of a mess in tears and want to curl up with a magazine instead of your

Here's how you can get your va-vavavoom back:

- DHEA. Improving levels of the fountain of youth hormone can help with libido by increasing testosterone levels. A study confirms that DHEA supplementation in peri- and postmenopausal women improved sexual function.
- Yoga, but only in women 45 years and older. After 12 weeks of yoga, participants noted significant

improvement in the areas of desire, arousal, lubrication, orgasm, satisfaction

- Ashwagandha. This thyroid-loving herb also increases DHEA that goes on to amplify your testosterone levels. The aphrodisiac effect usually requires a dosage somewhere between 100 to 500 mg/day.
- Dark Chocolate. My friend literally hides her chocolate in the freezer and take a few bites in between tucking her kids in bed and then tucking her hubby in next. Chocolate stimulates more dopamine a.k.a. "the love chemical."

Researchers who studied female libido concluded that women who consumed more dark chocolate enjoyed greater sexual satisfaction than women who did not eat chocolate. Mmm. Ladies, I will think nothing of it if I bump into you in the chocolate aisle, wearing a big hat, sunglasses and a black trench coat.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.\\\\$

# FGCU Counseling And Psychological Services Awarded Accreditation

ounseling and Psychological Services of Florida Gulf Coast University has been accredited by the International Association of Counseling Services (IACS), the accreditation association for university and college counseling

The Counseling and Psychological Services of Florida Gulf Coast University was evaluated for its compliance with the IACS Standards, the highest standards available for campus counseling centers, and was found to offer outstanding professional services to clientele.

The office of Counseling and Psychological Services is led by Director of Counseling and Health Services Dr. Jon Brunner, and offers individual and group counseling and therapy, consultations, relationship therapy, career counseling and outreach programs. The FGCU Counseling and Psychological Services is a division of Student Affairs.

IACS' beginnings reach back to the late 1940s when it started out as a committee of the National Vocational Guidance Association. IACS was established as an association in 1972 to encourage and aid counseling services to meet high professional standards through peer evaluation and to inform the public about campus counseling services that are competent and reliable.

For more information, contact Dr. Jon Brunner at 590-7950.☼

Doctor and Dietitian

# Relief Of Muscle Soreness





by Ross Hauser, MD and Marion Hauser, MS, RD

njoying the beautiful weather and all of the great activities that beach volleyball, tennis, softball and golf - can bring on post-activity muscle soreness. The body has tremendous regenerative capabilities, but one must never forget the fact that many different factors affect connective tissue healing.

Recovery time is essential. You have to allow your body to recover from a strenuous workout or activity. Sufficient recovery time between workouts allows for necessary tissue repair. There are the standard methods of stretching, massage, and heat that may bring relief, but did you know that diet also plays a role in muscle recovery? There is research that supports certain foods or antioxidants that can help with muscle

soreness. For example, a group of exercise physiologists at Rutgers University showed that a group of people who took a black tea extract supplement for nine days had considerably less pain after a strenuous workout than a placebo group. They suggest one or two cups of tea a day to take in the antioxidant catechin to decrease inflammation and prevent soreness.

To grow ligaments, tendons, or heal any bodily structure, it is safe to say that the whole gamut of essential nutrients are needed. This means the spectrum of amino acids, fatty acids, vitamins, minerals and trace elements. Carbohydrates, healthy fats and protein are all needed to recover, to keep physiology balanced and to ensure proper tissue regeneration.

Additionally, food sensitivities can lead to inflammation that contributes to pain, stiffness and injury. Many sports articles say that chocolate milk or peanut butter toast are excellent recovery foods. But an intolerance to dairy or gluten will actually inhibit tissue recovery, rather than providing healing. Eliminating food sensitivities with a natural healthcare practitioner can be helpful for an athlete.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@car-

### Mom And Me





by Lizzie and Pryce

izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

#### Dear Mom & Me,

We recently moved to a warmer part of the U.S. We were very anxious to get involved, meet new people and start contributing to the community.

We tried but have now withdrawn to our own little cocoon.

The people all seem resentful to the northerners. They want no change. They want to keep things exactly as they have been for the last 100 years.

We thought we would like it here but now think that it is time to move.

Do you have any suggestions?

Damon

#### Dear Damon,

"I don't like change." This is so common among the older generation and some people who are much younger and should know better.

If you live, you are constantly changing and so is the world around you.

You can never change people who are set in their ways - you can only change how you feel about them.

See if you can join a "newcomers" group; maybe you will find others eager to move and shake just like you.

I do wonder, why did you move to your present location and then try to start changing it?

Lizzie

#### Dear Damon,

Well, there is the problem... not "them" but you. Why go to a new location and try to change them as if you and your ways are better? Not too many people north, south, east or west would be welcoming of an individual coming into their homes and trying to change their way of life. Fine if you want to move again but as long as you bring yourself and your notions to change people, you will continue to have problem.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.\$

# Conservancy Reports On Python Research

n the last 90 days, Conservancy of Southwest Florida biologists and research partners have removed more than one ton of pythons from Collier County. Among the 43 snakes removed was the largest male python on record in South Florida, weighing more than 140 pounds and measuring more than 16 feet in length, which was discovered in a rural area of Rookery

Burmese pythons are cracking the code on the Southwest Florida habitat, learning how to survive and breed locally.



Photographs submitted by Conservancy of Southwest Florida show biologists and trackers handling pythons and captured pythons

The Conservancy has partnered with scientists and land managers from Denison University, Rookery Bay National Estuarine Research Reserve (RBNERR), U.S. Geological Survey and Southwest Florida Cooperative Invasive Species Management Area to study and address the ecological problem of pythons in Southwest Florida by locating pythons in the wild, working with public and private land owners where the pythons have been discovered and removing the invasive

The good work of Captain Kirkland, a captured male python, is credited for the recent discovery and removal of pythons in Collier County, made possible through the use of radio tagging. Captain Kirkland, a relatively small, 9-foot python, was





Mimi

imi is a healthy, 14-year-old, declawed lap kitty looking for a new home. Her owners will soon be moving out of the country and cannot take her along. She would be a great companion for someone and she would not mind sharing you with other cats. If you can adopt or foster Mimi, call PAWS of Sanibel volunteer Moni at 472-4106.☆



Bessie

#### **PAWS Of Sanibel** Bessie

his is Bessie. She's a 12-year-old, petite (5.5 lbs), spayed female cat that is black with orange patches. Bessie has been vacationing with her mom at Pointe Santo, 2445 West Gulf Drive, for the the last two months. She has been missing since Friday, February 19, when she apparently slipped out the door when it failed to latch properly. If you see Bessie, please call PAWS volunteer Ellen at (508) 733-8491 or the Pointe Santo office at 472-0222. A reward is now being offered for information leading to her capture.









radio-tagged and released to rural parts of Collier County, where he was soon tracked to a large batch of both male and female pythons.

Tracking efforts are led in partnership with Dr. Jeffrey Noble of Saint Francis Animal Hospital, responsible for

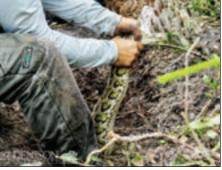
surgically implanting radio tags within captured pythons that are then released into the wild. Fifteen adult pythons are currently under surveillance by radio tag, leading researchers to more pythons, and enabling the team gain a better understanding of their movement patterns.

"The ecological impact of removing so many adult pythons from a relatively small area of Collier County can only be positive for our native wildlife," said Ian Bartoszek, biologist for the Conservancy. "We need to utilize all tools available and develop additional techniques to capture and remove Burmese pythons in Florida."

Activities encompassed through the research team's project includes foot and road surveys to better understand the range of pythons; outreach efforts to educate land owners and land managers about pythons; mailings and billboard postings to raise awareness and gain information; removal of pythons across Southwest Florida; necropsies of collected pythons to obtain information about diet and reproductive activity; tracking pythons through radio telemetry to learn ecological habits; using radio-tagged pythons to find untagged pythons; and construction and testing of trapping methods.

The Conservancy and partners hope that ongoing research will help the team create a management strategy based on the extensive data being collected, including density of python population within certain areas, the distance they move and the changes within their range of movement.

To report an invasive species sighting, the public is asked to call 1-888-IVE-GOT1 or report via the IveGot1 mobile app. For more information, visit 











Tracking pythons

# DID YOU KNOW

#### TRIVIA TEST

- 1. U.S. PRESIDENTS: Who was the first president to be born after the United States declared independence?
- 2. SCIENCE: What is the lowest level of Earth's atmosphere called?
- 3. LITERATURE: In which of Shakespeare's plays was the line "To be or not to be" spoken?
- 4. HISTORY: Who was the last president of the Soviet Union?
- 5. MATH: What is the only prime number that is also even?
- 6. U.S. STATES: How many U.S. states are not adjacent to another state?
- 7. ANATOMY: How many bones are in an infant's body?
- 8. ANIMAL KINGDOM: What would a group of bears be called?
- 9. ASTRONOMY: How long is a Martian year?
- 10.MUSIC: What group had a hit in 1979 with the song "Jukebox Hero"?

#### **ANSWERS**

1. Martin Van Buren 2. The troposphere 3. "Hamlet" 4. Mikhail Gorbachev 5. 2. 6. Two -- Alaska and Hawaii 7. About 300, because some bones haven't yet fused together. Most adults have 206. 8. A sleuth or sloth 9. 687 Earth days 10. Foreigner.

#### **SPORTS QUIZ**

- 1. In 2015, Detroit's Miguel Cabrera set a record for most home runs by a Venezuelan-born player. Who had held the mark?
- 2. Alex Rodriguez, in 2015, set a record for most career RBIs by an A.L. player. Who had been at the top of the list?
- 3. In 2014, Houston's Arian Foster broke a tie for most NFL career 100-yard rushing games by an undrafted player. Who was he tied with?
- 4. When was the last time before 2015 that Notre Dame's men's basketball team reached the NCAA Tournament's Sweet 16?
- When was the last time before 2014 (Los Angeles Kings) that an NHL team clinched the Stanley Cup on their home ice in overtime.
- 6. Who was the last NASCAR Cup driver before Kyle Busch in 2015 to win three consecutive races?
- 7. How old was tennis star Martina Navratilova when she appeared in her last Grand Slam singles final?

#### **ANSWERS**

I. Andres Galarraga, with 399. 2. Lou Gehrig, with 1,995 RBIs. 3. Priest Holmes, who had 31 100-yard games. 4. It was 2003. 5. It was 1980, when the New York Islanders beat Philadelphia in overtime in Game Six. 6. Itimas Johnson, in 2007. 7. She was 37 when she lost to Conchita Martinez at Wimbledon in 1994.

# My Stars ★★★★

#### FOR WEEK OF MARCH 28, 2016

ARIES (March 21 to April 19) With change dominant this week, don't be surprised to find new facts emerging that could put another slant on a situation and offer you another choice. Think it through before you decide.

TAURUS (April 20 to May 20) There could be some lingering problems from a previous matter that involved a decision you felt you had to make. Resolve the situation with your strong Taurean no-nonsense approach.

**GEMINI** (May 21 to June 20) The Gemini's carefully made plans could be undone by someone's unexpected decision. Getting the full story behind that surprise move can help you decide how to deal with the matter

**CANCER** (June 21 to July 22) Recently uncovered information might put a new light on a situation you thought had been resolved. Keep an open mind about possible changes that you might have to consider.

**LEO** (July 23 to August 22) With a potential revision of an old agreement, you can't beat the Big Cat for knowing how to sharpen a "clause" to the best advantage. Someone close could have the news you've been waiting for.

VIRGO (August 23 to September 22) Certain issues in the workplace could put you in the middle of a dispute you'd rather not deal with. Express your honest feelings before the pressure to take sides builds up.

**LIBRA** (September 23 to October 22) You might feel uneasy disagreeing with someone you've been close to. But your relationship should be able to withstand and even thrive when confronted with your true feelings.

SCORPIO (October 23 to November 21) A romantic situation seems to be creating more confusion than you can handle. If so, own up to your feelings. The sooner you do, the better your chances are for working things out.

SAGITTARIUS (November 22 to December 21) With change directing the Archer's aim, consider a second look at your plans and see where they might benefit from a revision. A workplace matter is close to a resolution.

CAPRICORN (December 22 to January 19) New contacts help you learn some important information about upcoming develop-

ments. The week calls for the Sea Goat to be more flexible than usual in a number of matters.

AQUARIUS (January 20 to February 18) With both change and uncertainty in your aspect, you might feel less confident in a previous decision. That's OK. Check it out and see where it could be modified, if necessary.

**PISCES** (February 19 to March 20) Old relationships that seemed to be sinking are buoyant again, and new relationships are benefiting from Cupid's loving care. This could be a good time to make a major move.

**BORN THIS WEEK:** While you prefer to tread your own path, you'll go out of your way to help someone in need.

#### THIS WEEK IN HISTORY

- On April 1, 1700, English pranksters begin popularizing the annual tradition of April Fools' Day by playing practical jokes on each other. It's thought that when the start of the new year moved to Jan. 1 with the adoption of the Gregorian calendar, some people unwittingly continued to celebrate it in late March through April 1, and they became the butt of jokes and hoaxes.
- On March 30, 1867, U.S. Secretary of State William H. Seward signs a treaty with Russia for the purchase of Alaska for \$7 million. The deal was ridiculed in Congress and in the press as "Seward's folly," "Seward's icebox," and President Andrew Johnson's "polar bear garden."
- On March 31, 1889, the Eiffel Tower is dedicated in Paris. The Tower was almost demolished when the lease on the land expired in 1909, but its value as an antenna for radio transmission saved it.
- On April 3, 1948, President Harry Truman signs off on legislation establishing the Foreign Assistance Act of 1948, known as the Marshall Plan, to aid in the economic recovery of Europe after World War II.
- On March 29, 1951, in one of the most sensational trials in American history, Julius and Ethel Rosenberg are convicted of espionage for their role in passing atomic secrets to the Soviets. They were executed in 1953.
- On March 28, 1979, the worst nuclear accident in U.S. history takes place at the Three Mile Island plant in Pennsylvania. Due to technical malfunctions and human error, the reactor came within an hour of a complete meltdown.
  - On April 2, 1992, a jury in New York

finds mobster John Gotti, nicknamed "the Teflon Don" for his ability to avoid conviction, guilty on 13 counts. FBI official James Fox was quoted as saying, "The don is covered in Velcro, and every charge stuck."

#### **STRANGE BUT TRUE**

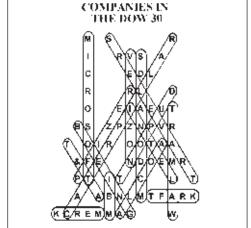
- It was Pulitzer Prize-winning poet and biographer Carl Sandburg who made the following sage observation: "Slang is a language that rolls up its sleeves, spits on its hands, and goes to work."
- Boon or bane? While DDT was first synthesized in 1874, it wasn't until 1939 that Swiss chemist Paul Hermann Muller discovered its insecticidal properties. DDT was so effective in curbing the spread of insect-borne diseases such as malaria and yellow fever that in 1948, Muller was awarded the Nobel Prize in Physiology or Medicine. However, with the 1962 publication of Rachel Carson's book "Silent Spring," the devastating environmental effects of widespread DDT use led to an eventual ban in the United States.
- You might be surprised to learn that, aside from his inaugural addresses, Abraham Lincoln gave only one speech during his entire presidency: the Gettysburg Address.
- In Venice at one time, every merchant who traveled to the Orient was required by law to bring back a piece of art and donate it to St. Mark's Cathedral.
- It was all the way back in 1837 that modern multinational corporation Proctor and Gamble was founded, by candlemaker William Proctor and soapmaker James Gamble. During the Civil War, the company supplied candles and soap to the Union Army, in the process introducing its products to soldiers from all over the country.
- Those who study such things say that there are more possible iterations of a game of chess than there are atoms in the known universe.

#### THOUGHT FOR THE DAY

"The hope of a secure and livable world lies with disciplined nonconformists, who are dedicated to justice, peace and brotherhood. The trailblazers in human, academic, scientific and religious freedom have always been nonconformists. In any cause that concerns the progress of mankind, put your faith in the nonconformist!" -- Martin Luther King Jr.

#### **PUZZLE ANSWERS**







#### Florida Zucchini and Parmesan Skillet Cake

- 1 pound zucchini
- 2 tablespoons unsalted butter
- 1 clove garlic, minced
- 2 tablespoons fresh basil, chopped
- ½ cup grated Parmesan cheese

Very thinly slice zucchini crosswise with a mandoline or other manual slicer.

Heat 1 tablespoon butter in a 12-inch nonstick skillet over moderately high heat until foam subsides, then sauté zucchini and garlic, stirring until zucchini is just beginning to soften, about 8 minutes. Transfer to a bowl and cool 10 minutes. Add basil and salt and pepper to taste. Melt remaining tablespoon butter in an 8-inch nonstick skillet and remove from heat.

Arrange one fourth of zucchini mixture in a layer in skillet and sprinkle with one fourth of parmesan. Repeat layering 3 times. Cook skillet cake over moderate heat until bottom of cake is well browned, 5 to 7 minutes. Slide cake onto a large paper plate, then place skillet over cake and, holding plate firmly, invert cake back into skillet. Cook cake, shaking skillet frequently to prevent sticking, until underside is browned, 4 to 5 minutes more. Slide cake onto a platter. Cut like a pizza.



Florida Zucchini and Parmesan Skillet Cake

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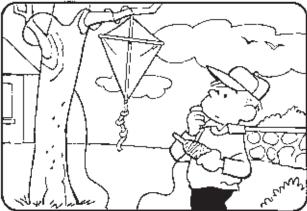


#### FISHING CHARTER

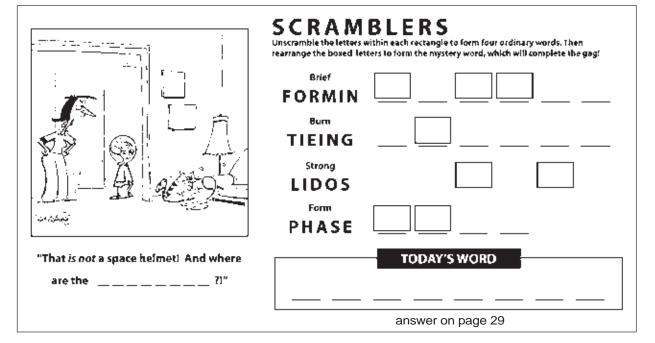


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Ordorences: 1. Sign is trissing. 2. Thee trunk is shimmer. 3, Khe tail is shorter 4. Wall is photon. 5. Sun is messing. 5. Sundisi is missing.



# **PUZZLE ANSWER**

### **SUDOKU**

9	5	3	2	1	7	4	6	8
2	8	6	4	5	3	1	တ	7
4	1	7	8	6	9	3	5	2
7	2	5	1	9	4	8	3	6
6	3	8	7	2	5	9	1	4
1	9	4	3	8	6	2	7	5
8	6	1	9	7	2	5	4	3
5	4	9	6	3	8	7	2	1
3	7	2	5	4	1	6	8	9

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#### Shore Fishing:



#### Don't Harm The Fish by Capt. Matt Mitchell

anding a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.
- The less you can touch a fish before release the better for the
- If you want a picture with the fish, support it as you lift it out of the water and do it quickly.
- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.
- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

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# Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Eastwood Landings Amended	Sanibel	1993	1,840	\$1,045,000	\$1,000,000	221
Woodlake at Bonita Bay	Bonita Springs	1988	3,075	\$865,000	\$825,000	187
Oak Bend	Fort Myers	2007	3,877	\$849,000	\$825,000	23
Villa Tuscany	Bonita Springs	2005	2,756	\$799,000	\$749,000	0
Town and River	Fort Myers	1977	3,371	\$777,000	\$740,873	289
Lakemont	Bonita Springs	1991	2,816	\$749,900	\$750,000	12
Brynwood	Fort Myers	1973	3,687	\$700,000	\$680,000	19
Sanibel Shores	Sanibel	1967	1,780	\$699,000	\$699,000	103
Copper Lake	Bonita Springs	2002	2,891	\$665,000	\$650,000	22
Waterway Estates	Fort Myers	2003	3,186	\$649,900	\$600,000	6

Courtesy of Royal Shell Real Estate



Emergency. Lee County Sheriff's Office Florida Marine Patrol	R
WEEKLY NI	ws
Emergency	477-1200
Florida Marine Patrol	
Florida Highway Patrol	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	
Foundation for Quality Childcare	425-2685
Fort Myers Beach Library	463-9691
Lakes Regional Library	
Post Office	1-800-275-8777
Visitor & Convention Bureau	
Alliance for the Arts	
Arts For ACT Gallery & Studio	
Barbara B. Mann Performing Arts Hall	
BIG ARTS Broadway Palm Dinner Theatre	
Cultural Park Theatre	
Edison Festival of Light	
Florida Repertory Theatre at the Arcade	
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	
SW Florida Symphony	
Young Artists Awards	
CLUBS & ORGANIZATIONS Angel Flight	1-877-4AN-ANGFI
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon Society	472-3156
Caloosahatchee Chapter DAR	
Caloosahatchee Folk Society	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Conferendship Force Of SW FL	federacy 728-3743 561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	
Southwest Florida Music Association	
Kiwanis Clubs: Fort Myers Beach	
Fort Myers Beach	765-4254 or 454-8090 694-1056
Fort Myers Beach. Fort Myers Edison Fort Myers South	765-4254 or 454-8090 
Fort Myers Beach. Fort Myers Edison Fort Myers South Gateway to the Islands. Iona-McGregor	765-4254 or 454-8090 
Fort Myers Beach. Fort Myers Edison Fort Myers South Gateway to the Islands. Iona-McGregor Lions Clubs:	765-4254 or 454-8090 
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Fort Myers Beach. Fort Myers Edison Fort Myers South Gateway to the Islands. Iona-McGregor Lions Clubs: Fort Myers Beach. Fort Myers High Noon Estero/South Fort Myers	765-4254 or 454-8090 
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Fort Myers Beach. Fort Myers Edison Fort Myers South Gateway to the Islands. Iona-McGregor Lions Clubs: Fort Myers Beach. Fort Myers High Noon Estero/South Fort Myers Notre Dame Club of Lee County POLO Club of Lee County Rotary Club of Fort Myers Sanibel-Captiva Orchid Society. United Way of Lee County United Way 211 Helpline (24 hour). AREA ATTRACTIONS Bailey-Matthews Shell Museum. Burrough's Home. Calusa Nature Center & Planetarium. Edison & Ford Winter Estates Fort Myers Skate Park Imaginarium Hands-On Museum & Aquarium JN "Ding" Darling National Wildlife Refuge Koreshan State Historic Site Langford Kingston Home Ostego Bay Foundation Marine Science Center Skatium Southwest Florida Historical Society	765-4254 or 454-8090

		3			7			8
		6		5		1		
4	1		8				5	
	2				4		3	
		8	7			9		
1				8	6			5
	6				2		4	
		9		3			2	1
3			5			6		

### **SUDOKU**

#### To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

### Pets Of The Week

ello, my name is Roo. I'm a 8-month-old black pit bull terrier mix. I'm a sweet, sensitive, lovable guy who is in the gentle and easygoing playgroups here at the shelter. I'm quiet and would love a home where my family gives me lots of tender, loving care. When I grow up, I'll be the tall, dark, handsome dog of your dreams! I may not ever grow into my ears but they make me look very cute and unique!

Adoption Fee: \$75 (get \$20 off when

Adoption Fee: \$75 (get \$20 off when you make a basket during Animal Services' March Madness Adoption Promo)
Hi, I'm Holly. I'm a 18-month-old

Hi, I'm Holly. I'm a 18-month-old calico spayed domestic short hair. I spent some time in a foster home when I first arrived at the shelter. My foster mom says I'm a petite sweet cat who is playful, talkative and loves other pets. I would love to be your lapcat.

Adoption Fee: \$50 (get \$20 off when you make a basket during Animal Services' March Madness Adoption Promo)

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www. LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.₩



Roo ID# 653445



Holly ID# 647467

# **BEACH CHAIR PAST**

answers on page 25

# **VEGETABLES**



#### **King** Crossword ACROSS That guy Autumnal abbr. Colorful parrot 12 Bia pother 23 | 24 | [25] 13 Winter ailment 14 Foolish 15 Crosswordpage abbr. 16 What a trigger Ir ggers 18 Discoverer's cry "A Tree Grows Brooklyn writer Betty Cultinuation 36 Almost black fastener 20 Inmates Shroud city 37 Pretentious 52 Opposite 22 Mandela's of "trans Ho Ch 40 Recorded old org. 53 Pelvis-8 Director Lee 42 Mother-of-23 Pop related 9 Upper limit pearl 27 Humination 54 lokyo's old 10 Blackbird 43 Рорру unit received Cyst. product 29 Quant Prontos 44 Defeats Trench lashor 21 Ski run 56 Choppers 45 Leave a accessory Kapita" 23 Porterhouse. good 31 Urge eig. 24 Chances. 5B Ivoe impression 34 Pullback 46 Grandson squarest for short of Live 35 Kegler's DOWN 25 Conk out 48 Perch target Destruction 49 Uraft pick? 37 Meadow 26 Pismire 2 28 Half of bi-Baking 50 "A 56x 38 Hint potato 30 Exist upon thee! 39 - alance"Yada yada 51 Nosh 41 Handle Nitwit 31 Kills. yada" Solidiry

gangster

33 Wildebeest

47 Mimic

48 Certain

Alcoa

AT&T

Boeing

Caterpillar



McDonald's

Merck

Pfizer

Microsoft

Travelers

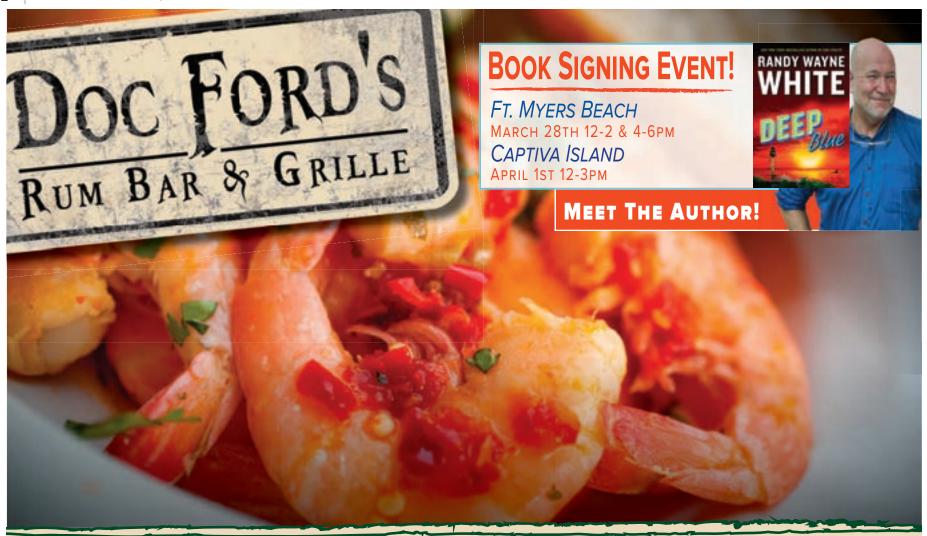
Verizon Wal-Mart

**DuPont** 

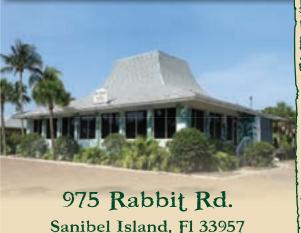
IBM

Intel

Kraft







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# Lee County's

**Newest Waterfront** Restaurant!

